

BASICS:

Brief Alcohol Screening and Intervention for College Students

Lifestyles Center phone: 315-312-5648

Lifestyles Center Address: 116 Walker Health Center

You have been sanctioned to complete BASICS because you were found in violation of the Code of Student Rights, Responsibilities and Conduct involving alcohol and/or other drugs. BASICS is a two session (one hour each) intervention that assesses substance abuse or drinking patterns and attitudes related to alcohol/other substances using motivational interviewing. Students explore individual use choices and behaviors and are given feedback about personal risk factors and advice about ways to moderate use.

You must go to the Lifestyles Center to fill out the registration form. Please be sure to have your ID.

FEES: The fee for the BASICS intervention is \$80.00 and payable at the first meeting. Remit payment via money order or credit/debit card; personal checks and cash are **not** accepted. Make the money order payable to SUNY Oswego. Payment arrangements can be made with the office staff at the Lifestyles Center.

ATTENDANCE/LATENESS: Attendance at each meeting is mandatory. If you are not able to attend you are responsible to notify the Lifestyles Center (315-312-5648) prior to your absence. The counselor reserves the right to request documentation for the absence. **Should you fail to attend, it is your responsibility to reschedule your appointment.** The Lifestyles Center will notify you of the time and dates for the next available appointment. Further, you are responsible to remit a fee of \$10.00 for the missed appointment. Lateness to any of the scheduled meetings is not acceptable. Should you fail to arrive on time, you will have to reschedule the appointment to allow enough time for a full appointment. The Lifestyles Center will notify you of the time and dates for the next available appointment. Further, if your appointment must be rescheduled, you are responsible to remit a fee of \$10.00.

Due to the nature and format of BASICS, students will engage in a personal exploration of current use behaviors, beliefs and values regarding alcohol and other drug use, family attitudes and use of alcohol and other drugs, etc. Students will complete the online versions of e-checkup for alcohol and/or marijuana as part of the first session depending on the counselor's determination. Students will be required to return to the Lifestyles Center to complete a second administration of either program 2 weeks later to fulfill the complete requirements of their sanction. Failure to complete this second administration will be considered failure to be in compliance, and may result in further disciplinary action.

Should you be under the influence or suspected to be under the influence of alcohol or other drugs you will face immediate termination of the appointment and further disciplinary action.

Information disclosed during BASICS will remain confidential. Campus officials will be notified **only** of compliance and/or non-compliance with this program.

**Please keep this sheet for you own record **