Cancer Services Program Virtual Pink Ribbon Event Calendar October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10/1	10/2	10/3
CSP Virtual Pink						
Ribbon Event				5pm	12pm	10am
				Kick off video	Virtual tour of	Cor Unum Yoga
October 1-14 th				featuring live	Upstate's Mobile	Class for cancer
				survivors	Mammography	survivors with
Join event on the					Unit and	Peaceful
Cancer Services				7pm	interview with	Remedies
Program of the				Breast Cancer	Mayor Barlow &	
North Country's				Basics	his mother	
Facebook page!				Presentation Q/A		
				w/ Shae Verdile		
10/4	10/5	10/6	10/7	10/8	10/9	10/10
TBA					20,0	-5, -5
	6pm	6pm Elizabeth	6pm	5pm	6pm	8pm
	Dance Fitness	Wende Breast	Dance Fitness	"Happy Hour"	Wind down from	Upstate Cancer
	with Hardcore FIT	Care Talk with	with Hardcore FIT	with Gary	your week with	Center Gloria
	Jessica Baldwin	genetic counselor	Jessica Baldwin	Carpentier from	Yoga led by Becky	Morris, MD/PhD
				the Voice	Lloyd of Healing	presentation
					Arts Studio	
10/11	10/12	10/13	10/14			
TBA	,	, 	,			
	12pm	TBA	12pm			
	Introduction to		Breast Cancer			
	Eden Energy		Basics			
	Medicine w/		Presentation Q/A			
	Mary Litchenstein		w/ Shae Verdile			
	of Integrative					
	Healing Solutions					