Sleeping Habits

- I go to bed early and I’m up early
- I DO NOT like mornings, I am a night person, I like to take naps
- On weekdays I don’t get up before . . . . . . On weekends I don’t get up before . . . . .
- On weekdays I go to bed around . . . . . . On weekends I go to bed around . . . . .

TV

- I prefer not to share my TV or other electronic equipment (DVD, IPod, etc.)

Electronic Equip

- I don’t mind sharing but please ask first
- On average, I watch _____ hours of TV
- I need to have the TV on for: noise, sleep, etc.

Visitors

- I have read & understand the SUNY Oswego Visitor/Guest Policy (see Residence Life Handbook)
- If we have visitors, we agree to: give notice, respect others space, privacy, etc.
- Visitors can stay until _____ on weekdays, _____ weekends
- If I am uncomfortable with a certain visitor, I will communicate with my roommate(s)

We agree to respect the above guidelines which we have discussed and documented. We also agree that if we have a problem we will communicate with each other to find a solution to the situation. In closing, we understand that these guidelines can be discussed whenever necessary and changed when all roommates are in agreement.

Print Name: __________________________ Signature: __________________________ Date: __________

Print Name: __________________________ Signature: __________________________ Date: __________

Print Name: __________________________ Signature: __________________________ Date: __________

Print Name: __________________________ Signature: __________________________ Date: __________

Print Name: __________________________ Signature: __________________________ Date: __________

*Your RSS member is here to help you with creating this agreement and/or making any changes. Please don’t hesitate to ask them for their help!
**Communication**  
- My communication style would be defined as:
  - If I am upset, I want to talk about it right away
  - If I am upset, I need time to put my thoughts together
  - I prefer to communicate face to face. I prefer to communicate in writing first
  - I might be uncomfortable communicating until I get to know you better
  - I do not want my personal life/ issues shared with members of the community
  - Please ask me before sharing information with family and friends
  - You will know I am upset when I . . .

**Computer**  
- Please don’t ever use or touch my computer
  - I don’t mind if you ask to use my computer but I would prefer that you only use it to:
  - You can use my computer to: check e-mail, write papers, use the internet, etc.
  - You can use my computer w/out permission, just make sure you: leave it as it was, etc.
  - Always ask before using my computer

**Food**  
- Please don’t eat my food
  - Ask before consuming
  - We can grocery shop together
  - You can eat/drink the following

**Money**  
- What is mine is mine and what is yours is yours
  - I don’t mind pitching in for: food, beverages, takeout, etc. – just ask first!
  - Please don’t ever go into my bag, wallet, purse, etc.
  - We agree not to leave our money, checkbooks, credit/bank cards laying around
  - Please don’t ever ask to borrow money

**Music**  
- I need to listen to music when I am: studying, sleeping, getting ready, etc.
  - I don’t mind hearing music when I am: studying, sleeping, getting ready, etc.
  - I mind hearing music when I am: studying, sleeping, getting ready, etc.
  - I agree to use earphones when my roommate is studying, sleeping, etc.
  - I like listening to the following types of music:

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**Roommate**  
- I would prefer that you and/or your friends don’t sit at my desk or on my bed

**Boundaries**  
- I don’t mind if you or your friends sit at my desk or on my bed
  - If I get a phone call, please write down the message and leave it on my (desk, bed, etc.)
  - If you overhear a phone call or conversation, I expect that you will keep it to yourself
  - If I offend you or do something to make you upset please tell me – I will do the same
  - We agree to use the 24/48 hour rule if something is bothering us
  - My pet peeves are . . .

**Room/Cell Phone**  
- It is ok to talk in the room at night until . . . .
  - If significant others are going to stay in our room, the following is expected . . . . . . . .
  - Before significant others plan to visit there needs to be notification (12, 24hrs notice)
  - It is OK for significant others to stay: during the week, only on weekends, etc.