QUICK GUIDE TO Student concerns





"I feel like I just don't have friends here."

Have you tried:

- Student Involvement/ The Point
 - Joining Student Organizations
 - The Student Involvement Fair
 - Fraternity and Sorority Life
- Residence Life
 - Programs hosted by their RA or around the building
- Student Employment
 See Question 2, "I'm
 - See Question 2, Tm having money trouble."
- Office of Experiential Courses and Engaged Learning (EXCEL)
 - Internships and Co-ops
 - Mentor Scholar Program
- ► Athletics
- Intramurals/Athletics App
- Campus Life
 Events and Activities
- Counseling Services
 Let's Talk

"I'm having money trouble." Have you tried:

- ► Office of Student Accounts
- Fee/Tuition Breakdown
- ► Student Employment
 - ID & Dining Services
 - Residence Life
 - New Student Orientation
 - Marano Campus Center
 - Auxiliary Services
 - Athletics

"I keep getting bad grades."

Have you tried:

- Attending Professors Office Hours
- ► Office of Learning Services
 - Tutoring Center
 - Writing Center
- Advisement Center
 - Meet with your Academic Advisor (Can find assigned advisor on myOswego)
 - Academic Success Workshops
 - Advisement Guides

"I don't know or can't get the classes I want."

Have you tried:

- ► Advisement Center
 - Advising Appointment (Can find assigned advisor on MyOswego)
 - Degree Works

"I feel sick."

Have you tried:

- ► Health Services
- Calling FONEMED at (877) 617-9538
- ► WellNow Urgent Care
- Oswego Hospital
 Emergency Room
- Lake Ontario Prompt Medical Care

"I've been feeling really depressed lately."

Have you tried:

Counseling Services

- Individual & Group Counseling
- Consultation
- Psychiatric Evaluation
- Peer2Peer Educators

"I'm supposed to apply for a job/internship/ graduate school and I have no idea how."

Have you tried:

- Career Services
 Individualized Career Coaching
- Office of Experiential Courses and Engaged Learning (EXCEL)

"I'm really worried about my own lifestyle choices."

Have you tried:

- Dean of Students Office
 - Peer Educators
 - Alcohol and Drug Counseling
 - SafeZone Training

"My roommate is awful and I simply can't stand them."

Have you tried:

 Talking to your roommate or RA

"I don't know where to park. My permit is invalid."

Have you tried:

Parking Services

- Permits
- Appeals
- Campus Parking Maps

"I can't connect to the WiFi. I don't know the cable channel listing. My Lakernet ID doesn't work."

Have you tried:

Campus Technology Services

"I could really use classroom accommodations."

Have you tried:

► Accessibility Resources

- Exam Accommodations Request Form
- Support Services

For Any Emergency

Call:

University Police
 (315) 312-5555

NEW STUDENT Orientation

145 Marano Campus Center SUNY Oswego Oswego, NY 13126

> (315) 312-5522 orient@oswego.edu oswego.edu/orientation