# QUICK GUIDE TO Student concerns





# "I feel like I just don't have friends here."

Have you tried:

- Student Involvement/ The Point
  - Joining Student Organizations
  - The Student Involvement Fair
  - Fraternity and Sorority Life
- Residence Life
  - Programs hosted by their RA or around the building
- Student Employment
  See Question 2, "I'm
  - See Question 2, Tm having money trouble."
- Office of Experiential Courses and Engaged Learning (EXCEL)
  - Internships and Co-ops
  - Mentor Scholar Program
- ► Athletics
- Intramurals/Athletics App
- Campus Life
  Events and Activities
- Counseling Services
  Let's Talk

# "I'm having money trouble." Have you tried:

- ► Office of Student Accounts
- Fee/Tuition Breakdown
- ► Student Employment
  - ID & Dining Services
  - Residence Life
  - New Student Orientation
  - Marano Campus Center
  - Auxiliary Services
  - Athletics

# "I keep getting bad grades."

Have you tried:

- Attending Professors Office Hours
- ► Office of Learning Services
  - Tutoring Center
  - Writing Center
- Advisement Center
  - Meet with your Academic Advisor (Can find assigned advisor on myOswego)
  - Academic Success Workshops
  - Advisement Guides

## "I don't know or can't get the classes I want."

Have you tried:

- ► Advisement Center
  - Advising Appointment (Can find assigned advisor on MyOswego)
  - Degree Works

# "I feel sick."

Have you tried:

- ► Health Services
- Calling FONEMED at (877) 617-9538
- ► WellNow Urgent Care
- Oswego Hospital
  Emergency Room
- Lake Ontario Prompt Medical Care

# "I've been feeling really depressed lately."

Have you tried:

#### Counseling Services

- Individual & Group Counseling
- Consultation
- Psychiatric Evaluation
- Peer2Peer Educators

#### "I'm supposed to apply for a job/internship/ graduate school and I have no idea how."

Have you tried:

- Career Services
  Individualized Career Coaching
- Office of Experiential Courses and Engaged Learning (EXCEL)

# "I'm really worried about my own lifestyle choices."

Have you tried:

- Dean of Students Office
  - Peer Educators
  - Alcohol and Drug Counseling
  - SafeZone Training

# "My roommate is awful and I simply can't stand them."

Have you tried:

 Talking to your roommate or RA

# "I don't know where to park. My permit is invalid."

Have you tried:

## Parking Services

- Permits
- Appeals
- Campus Parking Maps

#### "I can't connect to the WiFi. I don't know the cable channel listing. My Lakernet ID doesn't work."

## Have you tried:

Campus Technology Services

# "I could really use classroom accommodations."

## Have you tried:

## ► Accessibility Resources

- Exam Accommodations Request Form
- Support Services

# For Any Emergency

Call:

University Police
 (315) 312-5555

# NEW STUDENT Orientation

145 Marano Campus Center SUNY Oswego Oswego, NY 13126

> (315) 312-5522 orient@oswego.edu oswego.edu/orientation