RETIRED? CREATE A LIFE YOU LOVE!

So...you’re retired! You’re freer to do what you want, when you want. BUT, it’s up to YOU to figure out just what you want this chapter in your life to look like.

Come together with others in a supportive small group setting to explore this process. Facilitated by Nancy Hale, RSVP volunteer and retired director of Counseling Services Center at SUNY, Oswego; participants will use imagery, reflection, and conversation to help picture their ideal life and identify ways to achieve it.

WHEN? Mondays, November 7, 14, 21, and 28 (11:00 - 12:30)
WHERE? Fair Haven Arts Center, 562 Main St., Fair Haven

No Fee for this workshop, but REGISTRATION IS LIMITED, so please call Nancy (315 529-7204) or email us at fairhavenart@gmail.com by Nov 4 to participate.