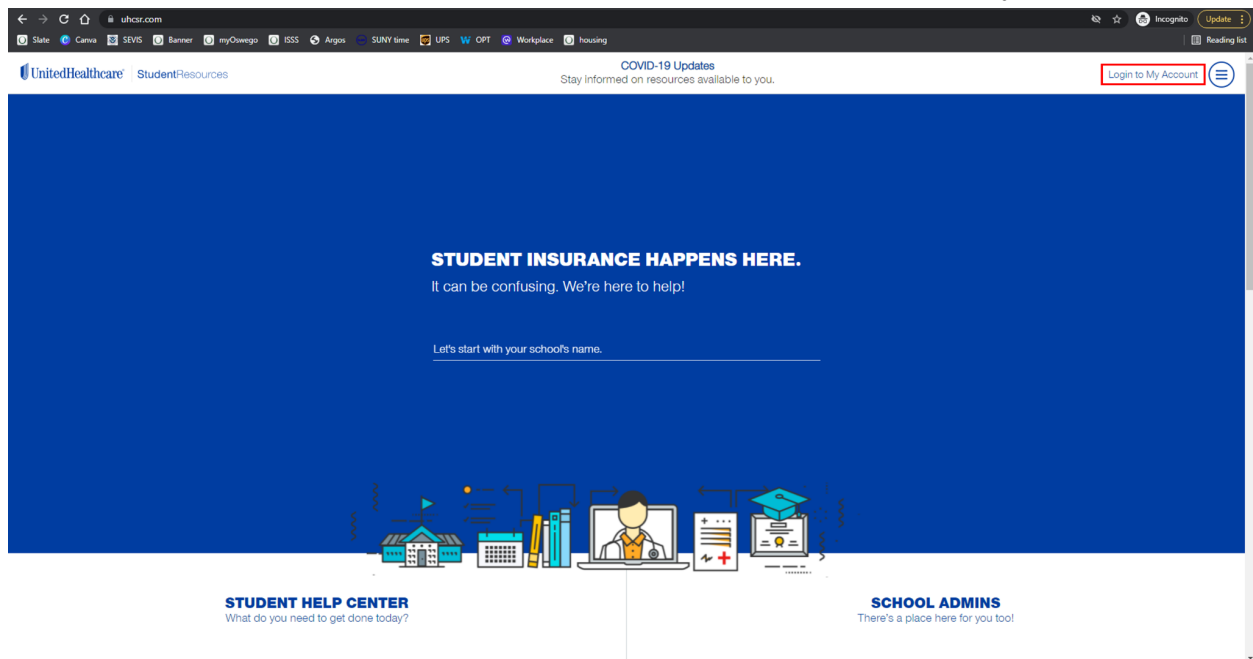


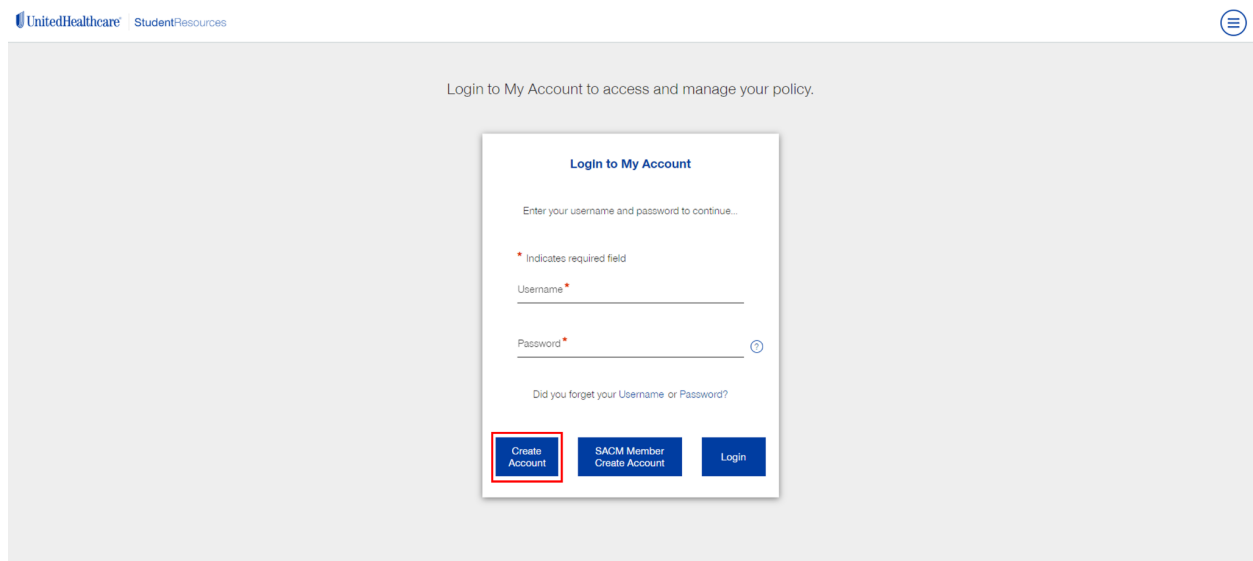
What to do if you are sick or have a medical emergency

How to log into UHCSR

1. Go to uhcsr.com and click **“Login to My Account”** and log in with your login credentials
*Please note that the username is **NOT** Lakernet ID, it is the one that you created.



2. If you are a new student, click **“Create Account.”** If you already have created an account, click **“Login”** and log in with your login credentials.



Login to My Account to access and manage your policy.

Login to My Account

Enter your username and password to continue...

* Indicates required field

Username *

Password *

Did you forget your Username or Password?

[Create Account](#)[SACM Member Create Account](#)[Login](#)

How to search for a doctor/medical services in-network

1. After you log in, click **“Find Medical Provider/ Estimate Cost.”**

UnitedHealthcare StudentResources

COVID-19 Updates
Stay informed on resources available to you.

[Home](#)[My Coverage](#)[My Claims](#)[My Benefits](#)[Care Options](#)[Messages](#)[Action Center](#)[Need Assistance?](#)

My Claims/Balances

- Claims Summary**
Summary of pending & completed claims
- Member Balances**
Deductible and Out-of-Pocket Balances
- Submit Claim**
Request Reimbursement for your claims

My Benefits

- Medical
- Additional Benefits

ID Card
Print, View, or Request ID card

Need Assistance?
How may we help you?

Coverage Information
View coverage details

PRA
Appoint Personal Representative

Care Options

- Find Medical Provider/Estimate Cost**
Locate a Healthcare Provider
- Find Mental Health Provider**
Locate a Mental Healthcare Provider or Crisis Support
- Student Health Center**
Your school's Student Health Center
- Telehealth Medical**
24/7 doctor access
- Telehealth Behavioral**
Virtual online counseling
- Pharmacy Locator**
Find a pharmacy nearby
- Not Sure Where To Go?**
Know your care options and cost

[Explore More](#)

2. On the next page, click **“Healthcare Provider or Facility (UHC Options PPO).”**

FIND MEDICAL PROVIDER/ESTIMATE COST

Provider networks change periodically. To ensure that a provider is participating in the network, please confirm with your provider before making an appointment.

**Free Virtual Visits**

Your plan gives you access to free telehealth visits. Talk to a licensed physician 24 hours a day, 7 days a week.

To learn more visit the Telehealth Medical page.

[Telehealth4students Portal](#)**Healthcare Provider or Facility**

Please use this link to search for participating providers or facilities for you or any member covered under this plan and receive cost estimates.

** Your actual costs could vary. Check with your provider to confirm the cost and your health plan for benefits. You are responsible for costs that are not covered and for getting any referrals required by your health plan. Neither payments nor benefits are guaranteed.

[UHC Options PPO **](#)

3. Next, **search** for what care you are looking for. Examples will be cold, flu shots, pediatrician, primary care, pap smear, radiology, and orthopedic.

What type of Medical Care can we help you find near:

Oswego, NY 13126

[Change Location](#)

Search by provider, service, or condition

 Search

Find Health Care by Category

**People**

Doctors, medical groups,
and other professionals by
specialty

**Places**

Hospitals, clinics, labs,
imaging centers, medical
suppliers

**Services and
Treatments**

Providers for office visits,
tests, treatments, surgeries

**Care by Condition**


Find care for common
concerns


**Cost Estimates**

Treatment for common
conditions

4. Note that it will give you keyword suggestions and you can click whatever you are looking for.

UNITEDHEALTHCARE OPTIONS PPO ENGLISH ▼

 FIND CARE SAVED

 **Search Results**

orthoped Search

SUGGESTIONS

- [orthopedic disabilities](#)
- [orthopedic injuries](#)
- [orthopedic hand surgery](#)

SPECIALTIES


- [Shoulder Surgery](#)
- [Physical Therapy-Pediatric](#)
- [Hand Surgery](#)
- [Orthopedic Surgery](#)
- [Pediatric Orthopaedic Surgery](#)

CATEGORY

- [Orthopedist](#)
- [Orthopedic Surgeon](#)
- [Specialty Medicine](#)

5. Click the service that fits your needs

UNITEDHEALTHCARE OPTIONS PPO ENGLISH ▼

 FIND CARE SAVED

page immediately.

With the spread of COVID-19, please call your provider's office before you go to confirm their availability, location, service options—including telemedicine—and any precautions you should take.

☒ All Results (7)

☐ Health Care Professionals (0)

☐ Clinics and Facilities (0)

☐ Specialties (2)

☐ Medical Groups (0)

☐ Common Conditions (0)

☐ Services & Treatments (5)

☐ Weight Loss Program (0)

☐ Home & Community Based Services (0)

☐ Home & Community Based Services Waivers (0)

Location


WHERE


Oswego, NY 13126


[Change Location >](#)


DISTANCE


Within 20 Miles ▼

 **Physical Therapy-Pediatric**
Specialty

 **Back Pain - Physical Therapy**
Services & Treatments
A history, physical exam, evaluation and treatment of back pain by a physical therapist.


 **Knee Arthroscopy With Meniscus Surgery**
Services & Treatments
This surgery uses small instruments and a camera to look inside the knee joint and treat a torn meniscus.




 **Shoulder Arthroscopy with Labrum Repair**
Services & Treatments
This surgery uses small instruments and a camera to look inside the shoulder joint and treat a torn cartilage.

 **Shoulder Arthroscopy with Rotator Cuff Repair**
Services & Treatments

6. If you don't see any search result, you may want to change the "distance" or you can reach out to Amy Wallace at amy.wallace@oswego.edu

UNITEDHEALTHCARE OPTIONS PPO ENGLISH ▾

 [FIND CARE & COSTS](#) SAVED

 **Results for Shoulder Surgery**  [NEW SEARCH](#)
 [VIEW MAP](#)

[PROVIDERS](#) [FACILITIES](#)

✓ **0 In-Network Providers** Found Near 13126 [Reset Results](#)

Filter Results by Provider Name [Filter](#)

Refine Results

Changing a search results filter will reload the page immediately.

We're sorry, your search doesn't match any of our doctors. Please try updating your location or adjusting your search filters within Refine Results.

Location —

WHERE

Oswego, NY 13126


[Change Location >](#)




DISTANCE

Within 20 Miles ▾

- On the search results page, pay attention to “Accepting all patients” if it is unchecked, it may mean that they are not accepting new patients.

UNITEDHEALTHCARE OPTIONS PPO ENGLISH ▾

 [FIND CARE & COSTS](#) SAVED


 **Results for Orthopedic Surgery - Specialist Visit**  [NEW SEARCH](#)
Total average cost in your area: \$81 - \$121  [VIEW MAP](#)

✓ **3 In-Network Providers** Found Near 13126 [Reset Results](#) SORT RESULTS BY: Preferred Providers ▾

Filter Results by Provider Name [Filter](#)

Refine Results
 Changing a search results filter will reload the page immediately.

With the spread of COVID-19, please call your provider's office before you go to confirm their availability, location, service options—including telemedicine—and any precautions you should take.



WHERE


Oswego, NY 13126

[Change Location >](#)

DISTANCE

Within 20 Miles ▾





Preferred Providers —



Ayres, John B, MD
 Knee Surgery, Orthopedic Surgery

140 W 6th St Ste 280
 Oswego, NY 13126
 2.9 Miles Away | [Get Directions](#)

(315) 349-5822 Phone
 711 TTY
[Additional Locations \(2\) >](#)

 [Quality Care Physician](#)
 [Accepting All Patients](#)
 [In-Network Provider](#)
 (4)

You May Owe

\$50

Meets Average Cost

[View Estimate Detail](#)

- If they are accepting all patients, you can go ahead and call them to make an appointment.
- You can print the search results or email the list to you.

The screenshot displays a doctor's profile for Banga, Kamaljeet Singh, MD, a Knee Surgery, Orthopedic Surgery specialist. The profile includes a star rating filter on the left (ranging from 1 to 5 stars), a 'Print / Email Results' button highlighted with a red box, and various details about the doctor's location, contact information, and insurance status. The doctor's address is 140 W 6th St Ste 280, Oswego, NY 13126. The phone number is (315) 349-5822. The doctor is an In-Network Provider, Accepting All Patients, and a Quality Care Physician. The 'You May Owe' amount is \$50. The page also features a 'View Estimate Detail' button and a 'Specialty Type' dropdown menu.

*If possible, we recommend seeking [Mary Walker](#) health services because on-site services don't count toward the deductible (exclusions ie labwork, etc.).

What information you should provide the provider

You should provide your name as it is on the insurance card (passport). Then, if possible, provide the insurance card. OR you can provide the following information:

- Name
- UnitedHealthcare Student Resources
- SR ID#

What to do if I receive bills

- If you are charged \$50, that's what you have to pay per annual deductible amount.
- If you are charged more than \$50 annually, bring it to Amy Wallace at 103 Sheldon. You can also scan them and send them to amy.wallace@oswego.edu.