

Mamta Saxena PhD
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1. EDUCATION

- **Doctor of Philosophy (Ph.D.)**

Human Development & Family Studies (HDFS), College of Liberal Arts & Sciences, University of Connecticut, Storrs, Connecticut

Ph.D. Dissertation: *Empirical Examination of Caregiver Empowerment, Appraisal, and Depressive Symptoms among Adult Siblings of Individuals with Intellectual and Developmental Disabilities*

- **Master of Science (M.S.)**

Child Development, University of Delhi, India

Master's Thesis: *Growing up with a Mentally Retarded Child: A Study of Adolescent Siblings*

2. WORKSHOPS, SEMINARS, AND CERTIFICATIONS

- CELT Book Reading Groups. Mind Over Monsters (Sarah Rose Cavanah) and Inclusive Teaching: Strategies for Promoting Equity in the College Classroom (Kelly Hogan & Viji Sathy).
- Introduction to Regression, Moderated Regression, Mediated Regression, and Moderated Mediated Regression (March-May 2022), NCFR.
- Introduction to Structural Equation Modeling (May 10-12, 2021), CenterStat, University of North Carolina.
- The Teaching of Statistics in Psychology (April 01, 2021), Trent University, Ontario, Canada.
- Mentorship & Collaboration in Quantitative Research: The NSF Quantitative Research Methods Scholars Program. (March 2021). The University of Maryland.
- SUNY Oswego (01-01-2021 - 05-01-2021) 10-day Accessibility Challenge.
- Teaching and Learning in the Diverse Classroom, MOOC course, Cornell University, Spring 2020.
- Certificate in Effective Teaching Practices, ACUE, Jan 2020.
- CITI Training, Human Subjects Committee, Nov 2019.
- 3-day Global Education Summit on Internationalizing Curriculum, University of Peace, Costa Rica, May 2019.
- Professional Development Workshop (May 2018), Florence, Italy.
- A 5-day Early Head Start Family and Child Experiences Survey (Baby FACES) workshop was held on August 8-9, 2016, in Ann Arbor, MI.
- A 6-week Grantsmanship Training workshop was organized and conducted by the Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, CT, Feb to April 2016.
- Certified Partners in Parenting Education (PIPE) Provider, Jan 2013.
- Graduate Certificate in College Instruction, Jan 2013.
- Facilitator, ACT/Parents Raising Safe Kids Program, Jan 2012.
- Leadership Education in Neurodevelopment Disabilities (LEND), University of Connecticut, 2010
- Certified Rehabilitation Personnel, registered to work as *Rehabilitation Personnel CRR no BC/6651* in the field of Mental Retardation/Intellectual Disabilities in India, 2000.

3. HONORS, AWARDS, AND NOMINATIONS

1. Nominated for President's Award for Excellence in Teaching (2023), SUNY at Oswego.
2. Best Presentation Award (May 2023). Juggling Chaos: Gender Issues in Navigating Demands, Family Routines and Stress during the Pandemic, The World Conference for Women Studies, Singapore.
3. Awarded Cognella Innovation in Teaching Award for Family Science (Nov 2022), the National Council of Family Relations Conference, Minneapolis, MN.
4. Nominated for President's Excellence in Academic Advising Award, SUNY at Oswego. 2021.
5. Nominated and awarded a certificate for Excellence in Teaching by the Residence Hall Association, SUNY Oswego, 2017.
6. Recognition of excellence in teaching and teaching evaluations by Mun Y. Choi, Provost, and Sally M. Reiss, Vice Provost for Academic Affairs, University of Connecticut, Storrs, CT.

7. Tedd Carr Outstanding Poster Award (2011, Honorable Mention). Eighth International Conference on Positive Behavior Support. Denver, CO.

4. GRANTS, FELLOWSHIPS, AND SCHOLARSHIPS

• Grants Awarded

1. Bargainnier, S.,... **Saxena, M.** (\$3,731.00. Spring 2022). Shineman Endowed Fund Grant to create educational programs, pathways, and collaborative learning activities and engage with the refugee community in Syracuse.
2. Hertik, H. & **Saxena, M.** Dec 2020 (\$1000.00). Pets and Mental Health: Exploration of Perceived Social Support. Student Scholarly and Creative Activity Grant, SUNY Oswego.
3. Open Educational Resources (OER) Creation Grant \$5,000.00 awarded (Aug 2019).
4. International Travel Grant (\$1500) to attend the Global Education Summit in May 2019. San Jose, Costa Rica.
5. Development of New Online Course- HDV 368 Diversity and Social Justice, Summer 2019. \$2,952.00 granted by Extended Learning, SUNY Oswego.
6. Internationalization Course Redesign Award, 2018. \$500.00 granted by the Institute for Global Engagement, SUNY Oswego, to redesign the GLS 402 Practicum in International Development.
7. Curriculum Innovation Grant, 2018. \$2400. 00 granted by the Committee on Learning and Teaching (COLT), SUNY Oswego, to develop a new flipped course - We Are Family: Siblings and Close Relatives.
8. Development of New Online Course- HDV 368 Diversity and Social Justice, Summer 2019. \$2952. 00 granted by Extended Learning, SUNY Oswego.
9. URA grant, 2017, 2018, 2019. Under the auspices of the Provost Office and the Financial Aid Office, the Office of RISE awarded the URA grant for an undergraduate student for a “150 hours” stipend.
10. Faculty Teaching & Research Collections Grant 2018 and 2019 of \$500 supporting research interests or program/course curriculum needs. The grant was funded through an NYS Coordinated Collection Development grant.

• Scholarships and Funded Interdisciplinary Fellowship, 2009-2013

1. Leadership Education in Neurodevelopmental and Related Disabilities (LEND). Completed Fellowship at the A.J. Papanikou Center for Excellence in Developmental Disabilities (UCEDD), Farmington, CT, funded by the federal Maternal and Child Health Bureau (\$13,500 as graduate assistantship).
2. Summer Institute in College Instruction, University of Connecticut, 2009. A competitive scholarship award from the Institute for Teaching and Learning to complete a three-week course on teaching university students (\$1,530).
3. A competitive scholarship award from the Department of Human Development & Family Studies awarded for Academic Achievement (\$500).
4. Summer Fellowship for Advanced Graduate Students, 2010-2013. Awarded summer support (based on nomination by the department head) for assistance in preparation for the general examination or dissertation research (\$500).

5. WORK EXPERIENCE

• Higher Education Teaching Positions

- **Associate Professor, Human Development, State University of New York, Oswego, NY (Aug 2022-Present)**

Taught courses:

- HDV 400 Research Designs and Applications in Human Development Spring and Fall 2021- 2023
- HDV 403 Internships and Supervision in Human Development Spring and Fall 2021
- HDV 368 Diversity Issues, Spring and Summer 2021 - 2023
- HDV242 Siblings and Close Relatives, Fall 2022
- HDV 322 Child Development, Summer and Winter (Online) Summer and Winter 2021, 2022, 2023
- HDV 198 Finding Calm within Chaos Fall 2023
- HDV 101 and 101 F Introduction to Human Development, Summer and Winter 2021, 2022, 2023

- **Assistant Professor, Human Development, State University of New York, Oswego, NY (Aug 2016-2021)**

Taught courses:

- HDV 400 and 400 L Research Designs and Applications in Human Development, Spring 2017, 2018, 2019, 2020

- HDV 403 Internships and Supervision in Human Development, Spring 2017, 2018, 2019, 2020
- GLS 402 Adopt a Village program – A trip to India (Q2) Winter 2018
- HDV 368 Diversity Issues, Spring 2017, 2018, Online Summer 2019, 2020
- HDV 322 Child Development, Summer 2017& 2018 (Online), 2019, 2020, 2021
- HDV 303 Applied Field Experience and Analysis in HDV 2020, 2021
- HDV 302 and 302 L Research Methods in HDV II Fall 2019, 2020
- HDV 301 and 301 L Research Methods, Fall 2016, 2017, 2018,
- HDV242 We are Family: Siblings and Close Relatives, Fall 2018, 2020
- HDV 101 and 101 F Introduction to Human Development, Fall 2016, 2017, 2018, Summer 2017, 2018 (Online) and Winter 2018, 2019, 2020, 2021 (Online)

- **Visiting Assistant Professor, Human Development and Family Studies (HDFS), University of Connecticut, Storrs, CT (Aug 2014-Aug 2016)**

Taught graduate and undergraduate courses:

- HDFS 5215 (Graduate course) Models and Concepts of Lifespan Development Fall 2015
- HDFS 3343 Family Life Education, Spring 2016
- HDFS 3080 Fieldwork Supervision, Spring 2015
- HDFS 2100 Infancy through Adolescence, Fall 2014, 2015, and Spring 2015
- HDFS 2001 Diversity Issues in Human Development and Family Studies, Fall 2014, 2015, Spring 2015 and Spring 2016
- HDFS 1060 Close relationships across Lifespan, Fall 2014, Spring 2015, and Spring 2016

- **Adjunct Faculty, Department of Psychology, Eastern Connecticut State University, Willimantic, CT (Aug 2013-May 2014)**

Taught courses:

- Psychology of Early and Middle Childhood, Fall 2013 and Spring 2014
- Introduction to Psychology, Fall 2013 and Spring 2014

- **Course Instructor, Human Development and Family Studies (HDFS), University of Connecticut, Storrs, CT (Aug 2011-Dec 2013)**

- HDFS 2100 Infancy through Adolescence, Fall 2011, Spring 2012, Fall 2012, Spring 2013, Summer 2013, and Fall 2013
- HDFS 3103 Adolescent Development, Fall 2010 and Spring 2011

- **Teaching Assistant, Human Development and Family Studies (HDFS), University of Connecticut**

- HDFS 2300, Family Interaction Processes, Spring 2009
- HDFS 2100, Human Development: Infancy through Adolescence, Fall 2008

- **Lecturer, MS University, Baroda, India**

- Introduction to Human Development and Family Studies, Fall 2001 and Spring 2002
- Early Childhood Education (ECE), Fall 2001
- Children with Special Needs, Fall 2001
- General Psychology, Spring 2002
- Population Education, Spring 2002
- Literature Activities for Young Children, Spring 2002
- Marriage and Family Life, Spring 2002

- **Teaching Consultant, Indira Gandhi National Open University, New Delhi, India**

- Early Child Care and Education I, Fall 1998 and Spring 1999
- Early Child Care and Education II, Fall 1998 and Spring 1999
- Early Child Care and Education III, Fall 1998 and Spring 1999

- **Leadership And Program Evaluation Positions**

1. **Interim Assistant Chair, Department of Human Development (Jan 2022- May 2022).** Initiated several ventures to

improve a) effectiveness of curriculum delivery to our students, b) sustenance of HDV courses at the Syracuse campus, c) hiring of new faculty, d) streamlining service roles of faculty, and e) fair and equal distribution of workload among junior and senior faculty. One of my most significant achievements was initiating revisions to the HDV curriculum.

2. **Parenting Apart Education Program (PAEP) Instructor, Aug 2012-Feb 2014.** It facilitated monthly sessions mandated by the Judicial Department of CT for divorcing couples with minor children. The six-hour class helped divorced couples navigate the common issues that may negatively impact children.
3. **Research Assistant/Program Evaluator, Early Head Start, Programs, University of Connecticut, CT, August 2010-July 2013.** Visited three Early Head Start program sites of EASTCONN in Northeast CT. Formulated an observation tool for data collection, provided technical assistance to staff in integrating the PIPE curriculum in their weekly session with parents and children, evaluated the effectiveness of the programs, provided technical assistance and recommendations for improving program effectiveness, conducted educational seminars for parents, and wrote quarterly reports on program processes and outcomes.
4. **Head Preschool Teacher, Morning Glory Early Learning Center, CT, 2004-2005.** Planned, organized, and conducted learning activities for children 3-5 years following *The Creative Curriculum for Preschool*. Observed and documented children's progress using the *Preschool Assessment Framework*, designed and individualized curriculum elements, and collaborated with families and fellow instructors.
5. **Director, After School Enrichment Program, Trinity Lutheran Church, CA, 2003-2004.** Designed and launched an afterschool enrichment program for 3-6th graders in a suburban setting. Developed curriculum, organized a weekly calendar of activities, and recruited, trained, and supervised volunteers. Worked with children and families and established contacts with various county departments to conduct educational workshops for children

• Developmental Disabilities Positions

1. **Instructional Assistant, Special Education, Hawthorne Elementary School, CA, 2003-2004.** Under the supervision of a headteacher, instructed and provided instructional assistance to individuals and small groups of children with severe cognitive disabilities in social, academic, self-help, and community skills.
2. **Consultant, Indira Gandhi National Open University, New Delhi, India, 2002-2003.** Developed educational and training packages for parents and community workers in the field of visual impairment, intellectual disabilities, and cerebral palsy. Compiled case studies, suggested academic drawings/graphics, collected therapeutic information, and collated materials on all other related activities for over a dozen published books.
3. **Research Assistant, Lady Irwin College, University of Delhi, New Delhi, India, 1999-2001.** Researched and documented educational issues related to children and families with developmental disabilities in an inclusive setting. Additionally, I implemented family support and community outreach programs for young children and their families.

6. DEPARTMENT, UNIVERSITY, AND COMMUNITY SERVICE

Committee Member Role: HDV Department and SUNY Oswego Campus (2016- present)

1. Visiting Assistant Professor and Tenure Track Assistant Professor Hiring Committees, HDV.
2. Committee to review and revise internship courses, HDV.
3. Identified and developed criteria for Student Award Committee in the Department, HDV
4. Hiring Committee for an Academic Planning Coordinator Position, EXCEL office, SUNY Oswego
5. Ad Hoc Committee on Textbooks, CELT, SUNY Oswego.
6. Social and Behavioral Sciences Representative, Undergraduate Courses
7. Department representative in Faculty Assembly meetings, SUNY Oswego.
8. HDV Department Representative, CLAS DEI committee, SUNY Oswego.
9. HDV Department representative, CLAS Team-Leadership Meetings, SUNY Oswego.
10. Social Science Representative, UCC, SUNY Oswego
11. Global Engagement Certificate Sub-Committee, Institute for Global Engagement, SUNY Oswego.

Leadership Roles in a Committee: HDV Department and SUNY Oswego Campus

1. Initiated and finalized the Human Development Students Rights and Obligations
2. Spearheaded standardization of research methods courses and reports on changes

3. Streamlined Dept of HDV, international course offerings
4. Created the Department's Diversity Statement and furthered the Department's goal to integrate diversity issues.
5. Initiated and finalized HDV department faculty service roles
6. First-year student advisor in addition to advising sophomores, juniors, and seniors, HDV, SUNY Oswego
7. HDV Student Advising Coordinator, HDV, SUNY Oswego
8. Mentored and observed two junior faculty members in HDV and HSC, SUNY Oswego.
9. Supervised Psychology Honors Thesis on Analysis of mental health disorders from the perspective of mental health service providers concerning college student and prisoner populations: Ideas for service improvement from mental health service providers. Department of Psychology, SUNY Oswego

Community Service (2016- present)

1. Member of Collaboratory on School and Child Health Affiliate for the Institute for Collaboration on Health, Intervention, And Policy (CHIP), University of Connecticut, CT. 2016- present
2. Member of the US's Sibling Leadership Network (SLN) Research Committee. 2014 - present
3. Collaborating with SIBS, an international group of siblings of an individual with disabilities, for scholarly activities 2020- present
4. Reviewed Innovative Instruction Transformation Grants (IITG), SUNY, NY, 2018
5. Supervising Doctoral Dissertation: The role of reproductive labor and unpaid childcare on marital satisfaction, International Institute for Population Sciences, India. 2022
6. Collaborated with Interfaith Works, Syracuse, NY, to work on the New Americans/Immigrants project and grant.
7. Collaboration with two faculty members and four doctoral students at the University of Connecticut for research on family routines, ambiguous loss, social support, coping, and stress. 2022
8. Reviewer of Journal of Child and Family Studies and Family Review. 2013- present
9. External Reviewer for tenure and promotion application, State University of Colorado, CO. 2023
10. Co-Chair Sibling Relationship Focus Group, NCFR. Dec 2023 to Dec 2027
11. External Reviewer Self Study, SUNY Plattsburg. May 2024
12. Elected Chair, Teaching of Family Science Conference, Costa Rica. June 2025

Professional Memberships

1. National Council on Family Relations (2016- 2023)
2. Family Science Association (2017- 2023)

7. PUBLISHED AND SUBMITTED ARTICLES

• Peer-Reviewed Journal Articles and Book Chapters

- Hertik, H & **Saxena, M.** (under review). Exploration of perceived social support and stress among pet and non-pet owners. *Journal of Undergraduate Research*.
- Saxena M.**, Shedlock, D., & Gold, Z. (2023). Gender and disruptions in family routines and stress amid COVID-19. *Frontiers in Communication*. DOI:[10.3389/fcomm.2022.820882](https://doi.org/10.3389/fcomm.2022.820882)
- Saxena M.** (2022). Resilience among sibling caregivers: Vulnerabilities and adaptations. In ed. K. Adamson, *Sourcebook of Family Theories and Methodologies*: Springer Nature: UK
- Saxena, M.** (April 2022). Research methods and statistics: Instructional practices in the times of a pandemic. *Family Science Review*. DOI: [10.26536/WSNS2187](https://doi.org/10.26536/WSNS2187)
- Saxena M.** (Oct 2021). This, too, shall pass: Age-based perceptions of changes in routine, coping, and stress. *Journal of Gerontology and Geriatrics*. DOI:[10.24966/GGM-8662/100101](https://doi.org/10.24966/GGM-8662/100101)
- Saxena, M.**, Farrell, A. F., & Adamsons, K. (2019). An empirical examination of caregiving processes and outcomes among adult siblings of individuals with intellectual and developmental disabilities. *OBM Geriatrics*, 3(2). <https://doi.org/10.21926/obm.geri.1902054>
- Mauldin, L. & **Saxena, M.** (2017). Mutual exchange: Caregiving and life enhancement in siblings of individuals with developmental disabilities. *Journal of Family Issues*, <https://doi.org/10.1177/0192513X17746452>
- Saxena, M.** (2015). Variables that can enhance and complicate adult sibling caregiving of individuals with intellectual and developmental disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 12, 210-219. <https://doi.org/10.1111/jppi.12127>
- Saxena, M.**, & Adamsons, K. (2013). Bioecological framework and siblings of individuals with disabilities. *Journal*

of *Family Theory & Review*, 5, 300-316. <https://doi.org/10.1111/jftr.12021>

Saxena, M., & Sharma, N. (2000). Growing up with a mentally retarded child: A study of adolescent siblings. *Journal of Personality and Clinical Studies*, 16, 16-23.

- **Encyclopedia Entries**

Saxena, M., Burch, R. L. (2020). Higher survival with older siblings. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. Springer, Cham. https://doi.org/10.1007/978-3-319-16999-6_1164-1

Saxena, M. (2020). Cultural variation. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. Springer, Cham. https://doi.org/10.1007/978-3-319-16999-6_823-1

Saxena, M. (2020). Presence of siblings. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. Springer, Cham. https://doi.org/10.1007/978-3-319-16999-6_2291-1

Saxena, M. (2020). Grandparenting. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. Springer, Cham. https://doi.org/10.1007/978-3-319-16999-6_2347-1

Saxena, M. (2020). Kinship and emotional closeness. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. https://doi.org/10.1007/978-3-319-16999-6_1123-1

Saxena, M. (2019). Social context. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. Springer, Cham. https://doi.org/10.1007/978-3-319-16999-6_2548-1

Saxena, M. (2019). Aunt care. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. Springer, Cham. https://doi.org/10.1007/978-3-319-16999-6_2262-1

- **Newsletter/Magazine/Reports**

Saxena, M. (March 2022). Navigating the Pandemic: Protective proximal processes in the microsystem of families worldwide. *Family Focus, National Council of Family Relations Report*. <https://www.ncfr.org/ncfr-report/spring-2022/navigating-pandemic-protective-proximal-processes-microsystem-families>

Saxena, M. & Ali, S. (2016) Parenting: Behaviors, cultural influences, and impact on childhood health and well-being (Book review). *Interpersonal Acceptance*. 10(3), 3-6.

8. CONFERENCE PRESENTATIONS

Saxena, M. (May 2023). *Family Science Goes High-Tech: Enhancing Student Learning with ChatGPT Integration*, National Council for Family Relations.

Saxena, M. (May 2023). *Juggling Chaos: Gender Differences in Navigating Demands, Family Routines, and Stress during the Pandemic*. World Conference on Women Studies, Singapore, Thailand.

Saxena M. (May 2023). *Curating Information: Integrating AI in Courses*, CELT, SUNY Oswego.

Saxena M. (Nov 2022). *Rebounding from COVID: Gender Differences in Demand and Stress in 2020 vs. 2021*

Saxena, M. (Jan 2021). *Research Methods Course via Zoom: Reflections on Instructional Practices*. CELT, SUNY Oswego.

Saxena, M. & Shedlock, D. (June 2019). *Traveling to India: Instructor Experiences and Student Reflections*. Poster to be presented at the Teaching-Family Science Conference, HI.

Uroza, M. & Saxena, M. (April 2019). *Behavioral and Emotional Interventions for Preschool Children*. Poster presented at the Quest, SUNY Oswego, NY.

Rodriguez, S. & Saxena, M. (April 2018). *Happiness and Resilience: Lessons Learned from India Visit*. Poster presented at the Quest, SUNY Oswego, NY.

Saxena, M. & Mauldin, L. (Nov 2017). *Mutual exchange: Caregiving and life enhancement in siblings of individuals with developmental disabilities*. National Council of Family Relations, Orlando, FL

Saxena, M., Robinson, J., McQuade, D. (2013, December). *Examination of Processes and Outcomes in EHS Play Groups through Partners in Parenting Education (PIPE) Curriculum Lens*. Poster presented at the Zero to Three 28th National Training Institute, San Antonio, TX.

Saxena, M., Bradley, A., Rua, S., Robinson, J., Barton, M., McQuade, D. Skowron, A., Michaud, S., & Aschenbrenner, A. (2012, July). *Innovations in Program Evaluation: Integrating PIPE Teaching Cycle and Circle of Security Content in Parent-Child Playgroups*. Poster presented at the 11th National Research Conference, Washington, DC.

- Collier-Meek, M. A., Randall, K. G., **Saxena, M.**, & Farrell, A. F. (2011, August). *Realigning afterschool program goals and objectives: A data-based approach*. Poster presented at the 119th Annual Convention of American Psychological Association, Washington, DC.
- Randall, K. G., Collier-Meek, M. A., **Saxena, M.**, & Farrell, A. F. (2011, August). *Quality of program and research design in afterschool programs: A systematic literature review*. Poster presented at the 119th Annual Convention of American Psychological Association, Washington, DC.
- Farrell, A.F., Collier-Meek, M.A., Randall, K., **Saxena, M.**, & Pons, S. (2011, March). *Building PBIS in afterschool programs: A collaborative partnership*. Poster presented at the 8th Annual Conference on Positive Behavior Support, Denver, CO.
- Saxena, M.**, Kuhaneck, M. H., & Yoo, Y. (2010, November). Programs for siblings of individuals with developmental disabilities: A research synthesis with recommendations for practice and research. Poster presented at the annual meeting of the National Council of Family Relations, Minneapolis, MN.
- Collier, M., Randall, K., **Saxena, M.**, & Farrell, A. F. (2010, August). Assessment of program-wide interventions in afterschool contexts. Poster presented at the American Psychological Association, San Diego, CA annual meeting.
- Collier, M., **Saxena, M.**, Farrell, A. F., Randall, K., & Sugai, G. (2010, March). Developing a tool to assess program-wide intervention in an afterschool context. Poster presented at 7th Annual Conference on Positive Behavior Support, St. Louis, MO.
- Maharaj, A., Ranade, N., Sutherland, M., **Saxena, M.**, & Mahfoud, J. (2009, November). Graduate student families: A content analysis of work-life programs. Paper presented at the National Council of Family Relations annual meeting, San Francisco, CA.
- Saxena, M.**, & Sharma, N. (2000). *Growing up with a mentally retarded child: A study of adolescent siblings*. Paper presented at the National Conference on Research in Clinical Psychology, New Delhi, India.

9. COMMUNITY PRESENTATIONS AND OTHER ACADEMIC ENGAGEMENTS

1. **Chair Symposium:** *Mental Health and Siblings Within Diverse Family Contexts* in the Families and Health Section, NCFR (Nov 2023).
2. **Invited Guest Speaker:** Academia and Work-Life Balance (March 06, 2023). University of Connecticut, CT
3. **Invited Guest Speaker:** Welcoming New Americans: Refugees in Central New York, SUNY Oswego at Syracuse, NY
4. **Session Chair:** *Belongingness, Mental Health, & Culturally Responsive Pedagogy* (April 14, 2021), QUEST, SUNY Oswego, NY
5. **Guest Lecture to Doctoral Students:** **Saxena, M.**, Hertik, H. (03-23-2021). *Survey Research*, University of Connecticut, CT
6. **Saxena, M.** (2010, December). *Television and young children*. Poster presented at the Parenting Fair, Child Development Labs, Storrs, CT.

10. TECHNICAL REPORTS AND TRAINING CURRICULA

- Saxena, M. (2010). *Manual for organizing and evaluating sibling support programs, 2nd edition*. Unpublished manual. Farmington, CT: A.J. Pappanikou Center on Disabilities. [Updated existing manual on support programs for siblings of children with disabilities.]
- Farrell, A. F., Collier, M., Saxena, M., Randall, K., & Sugai, G. (2010). Toward best practices in afterschool programs: A descriptive review of the literature, Connecticut: CT State Department of Education.
- *Chadha, N., & **Saxena, M.** (2003). Activities for cognitive development. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation* (pp. 37-70). New Delhi: IGNOU.
- *Chadha, N., & **Saxena, M.** (2003). Activities for early stimulation: Motor development. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation: Fostering development in the early years (part 1)* (pp. 17-69). New Delhi: IGNOU.
- *Chadha, N., & **Saxena, M.** (2003). Causes and prevention of mental retardation and associated disabilities. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation: Nature of mental retardation and its assessment* (pp. 32-52). New Delhi: IGNOU.
- *Chadha, N., & **Saxena, M.** (2003). Developing communication skills. In S. Anandalakshmi (Ed.), *Awareness cum*

training packages in disability-mental retardation: Fostering development in the early years (part 1) (pp. 5-20). New Delhi: IGNOU.

*Sen, R., & **Saxena, M.** (2003). Functional skills. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation: Preparation of adulthood* (pp. 5-20). New Delhi: IGNOU.

*Sen, R., & **Saxena, M.** (2003). Managing difficult behaviors. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation: Fostering development in the early years (part 2)* (pp. 87-115). New Delhi: IGNOU.

*Sen, R., & **Saxena, M.** (2003). The process of learning. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation: Individualized teaching and the process of learning* (pp. 33-61). New Delhi: IGNOU.

*Sen, R., & **Saxena, M.** (2003). Teaching functional academics. In S. Anandalakshmi (Ed.), *Awareness cum training packages in disability-mental retardation: Fostering development in the primary school years* (pp. 46-86). New Delhi: IGNOU.

*Sen, R., & **Saxena, M.** (2005). In Anandalakshmi S. (Ed.), *Awareness cum training packages in disability-cerebral palsy*. New Delhi: IGNOU.

*Sen, R., Chadha, N., & **Saxena M.** (2002). In Anandalakshmi S. (Ed.), *Awareness cum training packages in disability-visual impairment*. New Delhi: IGNOU.

*As an Educational Consultant at Indira Gandhi National Open University, New Delhi, India, in the year 2002-2003, I coauthored chapters in three educational packages comprising 14 books for parents and community workers who provide services to children (0-18 years) with developmental disabilities (Awareness & Training Educational Packages in the areas of Visual Impairment, Mental Retardation, and Cerebral Palsy). These translational works provide jargon-reduced, evidence-based, comprehensive information on child development, disability, and available interventions to parents, caregivers, and service providers.