

# AFTER DARK

# SERIES

**NO  
MEMBERSHIP  
REQUIRED\***

**ALL CLASSES  
START AT 10PM**

## Black Light Zumba

- ❖ Tuesday, Oct. 18<sup>th</sup> in Cooper
- ❖ Tuesday, Nov. 8<sup>th</sup> in Glimmer

## Candlelight Yoga

- ❖ Wednesday, Oct. 19<sup>th</sup> in Cooper
- ❖ Tuesday, Nov. 1<sup>st</sup> in Glimmer

## LADIES LIFT

**NO BOYS**

- ❖ Wednesday, Nov. 2<sup>nd</sup> in Glimmerglass

## Broga

- ❖ Monday, Oct. 24<sup>th</sup> in Glimmer

**NO  
GIRLS**

## Night Rider

- ❖ Tuesday, Oct. 25<sup>th</sup> in Cooper
- ❖ Wednesday, Nov. 9<sup>th</sup> in Cooper

**\*MEMBERS ONLY\***

**Join us after hours for these fun group exercise classes!**