## Downloading Videos from Zoom

1. Go to the Zoom website (<u>https://www.zoom.us</u>) and log in to your account.



2. Go to the Recordings menu in the left navigation area. You will see a list of all the recordings that have been uploaded to Zoom. Click on the More menu under the recording you would like to download. There will be 3 files you can download: a video with audio file (mp4), an audio only file (m4a), and a caption file (vtt).

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