

# Directory of Community

## Mental Health

## Addiction

## Intellectual / Developmental Disability

# Services & Supports



**Oswego County Mental Hygiene Services**  
[www.oswegocounty.com/mentalhygiene](http://www.oswegocounty.com/mentalhygiene)

*Committed to improving our local service system to provide superior support and care to Oswego County residents.*

**2020**

Rev. 06.08.2020



# Oswego County Mental Hygiene Services & Supports

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# Adult Services



## Mental Health Supportive Services for Adults

**Single Point of Access (SPOA) for Adults-** *Receives and screens referrals for case management and ACT.* Oswego County Division of Mental Hygiene, 100 Spring Street, PO Box 1320, Mexico, NY 315-963-5361 [www.oswegocounty.com/mentalhygiene](http://www.oswegocounty.com/mentalhygiene)

**Local Care Management (Non-Medicaid)-** *Community based support to facilitate independent living and recovery. SPOA approval needed.* Catholic Charities, 808 West Broadway Street, Fulton, NY 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)

**Health Home Care Management-** *Community based support to facilitate independent living and recovery.*

Catholic Charities, 808 West Broadway, Fulton, NY 13069 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)  
Hillside Children's Center, 215 Wyoming St. Syracuse, NY 13210 315-703-8700 [www.hillside.com](http://www.hillside.com)  
Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13126 315-326-3460 [www.oswegohealth.org](http://www.oswegohealth.org)  
Oswego County Opportunities, 75 E. First St., Oswego, NY 13126 315-342-7532 [www.oco.org](http://www.oco.org)

**Transition Support Services-** *Time limited, intense care management assistance to manage complex short-term needs related to successful community living. SPOA approval needed.* Catholic Charities, 808 West Broadway, Fulton, NY 13069 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)

**Peer Advocacy, Support & Recreation-** *Consumers of mental health services providing education, support, system advocacy, social and recreational opportunities for other consumers.* ARISE, 293 State Rt. 104 Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

**Peer Warm Line -** *"Adult Peer Warm Line" is a non-emergency resource that is available 24/7. This mental health peer-to-peer phone support line is for adults aged 18 and older and offers mutual conversations with a trained peer specialist who has life experience with mental health recovery. Calls are expected to last no more than 15 minutes but may last longer when appropriate. The warm line is intended to provide Peer Support and is not intended to be a crisis support line.*

**Liberty Resources Inc. at 1-855-778-1900** [www.liberty-resources.org](http://www.liberty-resources.org)

**Drop-In Center –** *Program supports individuals diagnosed with a Mental Illness through their recovery, promotes wellness and combats stigma of Mental Illness. Activities may be facilitated by Mentors and Peer Mentors. Activities are driven by the participants needs and requests. No mandatory participation or eligibility screening.* Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)



**Mental Health Transportation Services-** *Transportation services to select locations for adults and children with a mental health diagnosis. SPOA approval needed.*  
Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)

**Advocacy & Mentoring -** *Support and coaching for areas of Education, Vocation, Daily Living Skills, Housing, Money Management, Health/Positive Relationships, Self-Care. Service available for ages 18-24. SPOA Referral Required.* Catholic Charities, 808 West Broadway, Fulton, NY 13069 315-598-3980  
[www.ccoswego.com](http://www.ccoswego.com)

**Ongoing Integrated Employment-** *Assistance with choosing, getting, and keeping competitive employment through follow along services.*  
Oswego Industries, Career Employment Services (CES), 7 Morrill Place, Fulton, NY 13069 315-598-3108  
[www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Integrated Competitive Employment-** *Vocational assessments and paid work in a competitive integrated work setting.*  
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Community-Based Family Care-** *Housing provided in a caring, NYS OMH certified family home.*  
Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 [www.oco.org](http://www.oco.org)

**Supported Housing-** *Startup funds, rental stipends, and support services for independent living.* Oswego County Opportunities, 239 Oneida St. Fulton, NY 13126 315-592-0793 [www.oco.org](http://www.oco.org)

**Transitional Housing-** *NYS OMH Certified supervised residence and supportive apartments that prepare individuals for independent living.*  
Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 [www.oco.org](http://www.oco.org)

**Crisis / Respite Bed-** *Residential option for adults in need of short-term support in a structured supervised setting.*  
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-9110 [www.oco.org](http://www.oco.org)

**Short-term Crisis Respite for Adults –** *Oswego County site is located in the City of Oswego. Short-term crisis respite is run in a home-like setting with supports provided by certified Peer Specialists. Services are aimed at helping to reduce emergency department visits or hospitalizations.* 315-216-4320  
[Oswegocrisisbeds@liberty-resources.org](mailto:Oswegocrisisbeds@liberty-resources.org)





# Mental Health Clinical Services for Adults

**Acute Care Inpatient Unit-** *NYS OMH Licensed Inpatient treatment for acute symptoms of mental illness.* Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 315-326-4100  
[www.oswegohealth.org](http://www.oswegohealth.org)

**Mobile Crisis-** *The Mobile Crisis Team responds to individuals experiencing emotional distress or a mental/behavioral health crisis. Crisis response and stabilization services are provided .*

- Stabilization of the crisis at home/community prevents unnecessary emergency room visits.
- Immediate clinical telephonic support is provided by our community partners when the crisis call is received.
- Mobile Crisis response is determined by level of need & severity of crisis.
- Safety Planning, referrals & recommendations are identified according to an individual's needs.
- Short-term follow-up is available for those that require additional support for stabilization.

**Liberty Resources, Inc. Hours of Operation Monday - Friday | 5:00pm – Midnight, Weekends & Holidays | 6:00am – Midnight** [www.liberty-resources.org](http://www.liberty-resources.org) 315-251-0800

**Oswego Hospital Hours of Operation Monday - Friday | 8:00a.m. - 5:00p.m. & Sunday 12:00a.m. to 6:00a.m.** [www.oswegohealth.org](http://www.oswegohealth.org) 315-251-0800

To reach Mobile Crisis- anyone can contact local law enforcement/911, 211 or **Contact Community Services Crisis Connects Line at 315-251-0800**

**Assertive Community Treatment Team (ACT)-** *NYS OMH Licensed Non-traditional clinic and care management services. SPOA Referral required.* Oswego Hospital Behavioral Services, 74 Bunner Street, Oswego, NY 13126 315-326-4228 [www.oswegohealth.org](http://www.oswegohealth.org)

**Emergency Services-** *Emergency evaluations for acute mental health symptoms. It is suggested that you call ahead.* Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 315-326-4100  
[www.oswegohealth.org](http://www.oswegohealth.org)

**Outpatient Clinics, NYS OMH Licensed-** *evaluation, individual and group counseling, and psychiatry services*

ARISE Child & Family Services, Main Office 113 Schuyler St., Fulton, NY 13069 315-887-5156

(Additional Office in Oswego) [www.ariseinc.org](http://www.ariseinc.org)

Liberty Resources Integrated Health Care, 14 Crossroads Drive, Fulton, NY 13069 Intake 315-598-4642 ext.129, *identify yourself as an Oswego County Resident* [www.liberty-resources.org](http://www.liberty-resources.org)

Oswego Hospital Behavioral Services, 74 Bunner Street, Oswego, NY 13126 315-326-4100

[www.oswegohealth.org](http://www.oswegohealth.org) Fulton Satellite Office: 98 North 2<sup>nd</sup> St., Fulton, NY 13069 315-326-3555.

**Private Practitioners – Evaluation and Counseling Services –**

Beacon Psychological Services, 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862  
[beacon514@hotmail.com](mailto:beacon514@hotmail.com)

Charles Craigmile, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900

Counseling & Healing Arts of Oswego County, Inc., 188 S. Third St., Fulton, NY 13126 315-207-5435

*Individual & Family Centered Holistic Therapy for the Mind, Body & Spirit*

Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344

[www.creeksidecounselingservices.com](http://www.creeksidecounselingservices.com)

Equanimity Counseling, 185 E. Seneca St., Oswego, NY 13126 315-500-7255

[chris@EquanimityCounselingCNY.com](mailto:chris@EquanimityCounselingCNY.com)

Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 13126 315-342-0033

Integrative Counseling Services, PLLC, 5 W. Cayuga St., Oswego, NY 13126 315-342-9255

**Suicide Prevention-** *National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial 1-800-273-TALK (8255)*

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Suicide Prevention, Local Coalition – To join call 315-529-0360





## Developmental Disability Services for Adults

**Access to Services** *guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services*

ARISE, 293 State Rt. 104, Oswego NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

### **Advocacy, Information & Referral**

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)

ARISE, 293 State Rt. 104, Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

CNY Developmental Services Office, 5 Tower Dr., Fulton, NY 13069 315-598-6120

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Care Coordination Organizations.** *provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.*

### **People First Care Coordination Organizations:**

LIFEPlan CCO 258 Genesee Street, Suite 601, Utica, NY 13502 315-565-2612 [www.lifeplan.org](http://www.lifeplan.org)

Prime Care Coordination 860 Hard Road, Webster, NY 14580 844-347-3168 [www.primecareny.org](http://www.primecareny.org)

**Family Support and Services-** *goods, services and subsidies that assist families of people with disabilities*

AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)

ARISE, 293 State Rt. 104, Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Respite Reimbursement-** *reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.*

ARISE, 293 State Rt. 104, Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Mentoring-** *One to one relationships through the use of voluntary supportive peers.*

Person to Person Citizen Advocacy, PO Box 551, Fulton, NY 13069 315-593-2303 [www.ppcadvocacy.org](http://www.ppcadvocacy.org)

**Day Habilitation-** *formalized planned activities designed to enhance the abilities and skills of the participant which may include personal, social and work preparation activities. Services may be provided at an agency or in the community, in a group or individual basis.*

ARC of Oswego County, 314 Park Street, Fulton, NY 13069 315-598-6007 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 [www.oco.org](http://www.oco.org)

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)



**Community Habilitation-** *provides community-based services focusing on building independent living abilities, skills and integration into the community.*

Advocates Incorporated, 808 West Broadway, Fulton, NY 13069 315-469-9931

[www.advocatesincorporated.org](http://www.advocatesincorporated.org)

ARC of Oswego County, 7 Morrill Place., Fulton, NY 13069 315-598-3108 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 [www.oco.org](http://www.oco.org)

Onondaga Community Living, 518 James Street, Suite 110, Syracuse, NY 13203 315-434-9597

[www.oclinc.org](http://www.oclinc.org)

**Clinical Services-** *Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.*

Madison/Cortland ARC (Article 16 Satellite Clinic), 7 Morrill Place, Fulton, NY 13069 [www.arcofmc.org](http://www.arcofmc.org)

315-598-3108 <https://www.arcofmc.org/clinical-services1>

**Free Standing Respite-** *planned day, evening or overnight stays away from a person's home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.*

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 [www.oco.org](http://www.oco.org)

**Respite-** *provides families of persons with disabilities temporary relief from caregiving responsibilities.*

ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

YMCA, 265 W. First St. Oswego, NY 13126 315-343-4321 <http://oswegoymca.org/index.cfm/programs-events/respite1/>

**Supported Employment-** *provides varying levels of support in obtaining/maintaining a competitive job placement in the community.*

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

Onondaga Community Living, 518 James Street, Suite 110, Syracuse, NY 13203 315-434-9597

[www.oclinc.org](http://www.oclinc.org)

**Community Employment Service-** *Vocational assessment trainings and paid work in an integrated work setting.* Career Employment Services, a division of Oswego Industries, 7 Morrill Place., Fulton, NY 13069

315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Vocational Assessment-** *evaluations to determine strengths and interests to assist in career development.* Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108

[www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Home Modifications-** *adaptations to the home that are necessary to maintain or increase ability to live at home with independence.*

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)

Access To Independence, of Cortland County, Inc., 26 N Main St., Cortland, NY 13045 Phone: (607) 753-7363; Temp. Phone: (607) 283-4881 [info@aticortland.org](mailto:info@aticortland.org)

**Assistive Technology-** *equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.*

AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)

**Residential Services-**

Oswego County Opportunities, 239 Oneida Street, Fulton, NY 13069 315-598-4710 <http://www.oco.org/>

Central New York Developmental Disabilities Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120.





## Addiction Supports & Services for Adults

**Clinical Services** - Outpatient Clinics, NYS OASAS Licensed provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.

COCOAA, 283 West Second St., Oswego, NY 13126 315-342-2370 [www.cocooa.org](http://www.cocooa.org)

Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St.

Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)

Harbor Lights, 111 Hamilton St., Mexico, NY 13114 315-963-0777 [www.HarborLightsCDS.com](http://www.HarborLightsCDS.com)

**Regional Open Access Center for Addiction (ROACA)**, Immediate help and access to treatment for people with addictions. Transportation available. Helio Health, 329 North Salina St., Syracuse, NY 13204 315-471-1564 [www.helio.health](http://www.helio.health)

**Opioid Treatment Program**- Provides medication assisted treatment that combines behavioral therapy and medications to treat substance use disorders. Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 [www.farnhaminc.org](http://www.farnhaminc.org)

**Housing** - NYS OASAS Certified structured and supportive housing for adults transitioning to abstinent (drug and alcohol free) living, community residence and apartments.

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-6312. [www.oco.org](http://www.oco.org)

**Recovery Support Services**- Support Services, various support groups are available throughout the county for individuals who are in recovery from an addiction to alcohol or narcotics. Group listings are available at:

Alcoholics Anonymous Hotline 315-463-5011

Prevention Network - Family Support Navigators - 518-487-4395

Narcotics Anonymous Hotline 315-472-5555

**Peer Engagement Services** – Utilizing lived recovery experiences, Certified Recovery Peer Advocates engage individuals with substance use disorders, their families, and providers who have experienced barriers to accessing treatment for substance abuse.

Helio Health - Center of Treatment Innovation (COTI) 329 North Salina St., Syracuse, NY 13204 315-401-4288. [www.helio.health](http://www.helio.health)

**Peer Support Services** – A person centered, strength focused service available to individuals enrolled in Outpatient Treatment Services, delivered by an individual credentialed as a Certified Recovery Peer Advocate. The Peer Advocate may provide an array of services including but not limited to: raising awareness of existing social and other support services, modeling coping skills, providing non-clinical crisis support, especially after periods of hospitalization or incarceration, working with participants to identify strengths, linking participants to formal recovery supports, and educating program participants about various modes of recovery.

Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St.

Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)



COCOA, 283 West Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, 113 Schuyler St., Suite 1, Fulton, NY 13069 315-593-0796 [www.cocoa.org](http://www.cocoa.org)  
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)



Catholic Charities, 808 W. Broadway, Fulton, NY 13069 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)  
Cayuga Centers, 44 Bridge St., Oswego, NY 13126 [www.cayugacenters.org](http://www.cayugacenters.org)  
Elmcrest Children's Center, 960 Salt Springs Road, Syracuse, NY 315-463-9415 [www.elmcrest.org](http://www.elmcrest.org)  
Hillside Children's Center, 215 Wyoming St. Syracuse, NY 13204 315-703-8700 [www.hillside.com](http://www.hillside.com)  
House of the Good Shepherd, 26515 NYS Route 3, Watertown, NY [www.changingchildrenslives.com](http://www.changingchildrenslives.com)  
Liberty Resources Integrated Health Care, 945 South 1<sup>st</sup> St., Fulton, NY 13069 Intake 315-598-4642  
ext.129, *identify yourself as an Oswego County Resident* [www.liberty-resources.org](http://www.liberty-resources.org)  
Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A,  
Suite 300, Oswego, NY 13142 315-326-3460. [www.oswegohealth.org](http://www.oswegohealth.org)  
Salvation Army 200 Twin Oaks Drive, Syracuse, NY 13206 315-640-1508 Fax: 315-434-1399.  
[www.salvationarmyusa.org](http://www.salvationarmyusa.org)







# Mental Health Clinical Services for Children

**Mobile Crisis-** The Mobile Crisis Team responds to individuals experiencing emotional distress or a mental/behavioral health crisis. Crisis response and stabilization is provided to individuals who appear to be experiencing a behavioral health crisis.

- Stabilization of the crisis at home/community prevents unnecessary emergency room visits.
- Immediate clinical telephonic support is provided by our community partners when the crisis call is received.
- Mobile Crisis response is determined by level of need & severity of crisis.
- Safety Planning, referrals & recommendations are identified according to an individual's needs.
- Short-term follow-up is available for those that require additional support for stabilization.

**Liberty Resources, Inc. Hours of Operation Monday - Friday | 5:00pm - Midnight Weekends & Holidays | 6:00am – Midnight** [www.liberty-resources.org](http://www.liberty-resources.org) 315-251-0800

**Oswego Hospital Hours of Operation Monday - Friday | 8:00a.m. - 5:00p.m. & Sunday 12:00a.m. to 6:00a.m.** [www.oswegohealth.org](http://www.oswegohealth.org) 315-251-0800

To reach Mobile Crisis- anyone can contact local law enforcement/911, 211 or **Contact Community Services Crisis Connects Line at 315-251-0800**

**Emergency Services-** Oswego Hospital Emergency Department, 110 West Sixth St., Oswego, NY 315-349-5522 [www.oswegohealth.org](http://www.oswegohealth.org)

**Outpatient Clinics, NYS OMH Licensed-** *evaluation, counseling and psychiatry services, medication management.*

ARISE Child & Family Services – Main Office 113 Schuyler St., Suite 1, Fulton, NY 13069 315-887-5156 (Additional Office in Oswego) [www.ariseinc.org](http://www.ariseinc.org)

Liberty Resources Integrated Health Care, 14 Crossroads Drive, Fulton, NY 13069 Intake 315-598-4642 ext. 129, *identify yourself as an Oswego County Resident* [www.liberty-resources.org](http://www.liberty-resources.org)

Oswego Hospital Child & Family Services, 98 N. Second St. Suite 100, Fulton, NY 13069 315-326-3555 [www.oswegohealth.org](http://www.oswegohealth.org)

**School-Based Mental Health Clinics, NYS OMH Licensed-** *satellite clinics providing evaluation and counseling within certain school buildings. Contact school personnel to inquire about a referral. More sites added each Fall.*

School Buildings with a NYS OMH licensed satellite mental health clinic as of January 2020:

Fulton City Schools  
Fairgrieve Elementary  
Lanigan Elementary  
Granby Elementary  
Volney Elementary  
Fulton Junior High  
G. Ray Bodley High School

Hannibal Central Schools  
Kenney Middle School  
Hannibal High School

Phoenix Central Schools  
Michael A. Maroun Elementary

Oswego City Schools  
Fitzhugh Park Elementary

Oswego Middle School  
Riley Elementary  
Minetto Elementary

Central Square Central Schools  
A.A. Cole Elementary  
Millard Hawk Elementary  
Central Square Middle School  
Paul V. Moore High School

Mexico Academy & Central Schools  
Mexico High School

Altmar Parish Williamstown Schools  
APW Jr./Sr. High School



**Suicide Prevention-** *National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial 1-800-273-TALK (8255)*  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Suicide Prevention, Local Coalition – To join call 315-529-0360

**Children's School Based Day Treatment - Stepping Stones Day Program.** *A collaboration between Oswego CITI and Hillside Children's Center.* Fourth St School, Fulton, NY 315-593-8608

**Private Practitioners- Evaluation and Counseling Services –**

Beacon Psychological Services, PLLC 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862

Charles Craigmile, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900

Counseling & Healing Arts of Oswego County, Inc. 188 South Third St., Fulton, NY 13126 315-207-5435.

*Individual & Family Centered Holistic Therapy for the Mind, Body & Spirit.*

Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344

[www.creeksidecounselingservices.com](http://www.creeksidecounselingservices.com)

Equanimity Counseling, 185 E. Seneca St., Oswego, NY 13126 315-500-7255

[chris@EquanimityCounselingCNY.com](mailto:chris@EquanimityCounselingCNY.com)

Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 315-342-0033

Integrative Counseling Services, PLLC., 5 W. Cayuga St., Oswego, NY 315-342-9255



## Developmental Disability Services for Children

**Advocacy, Information and Referral**

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)

ARISE, 293 State Rt. 104, Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)

CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

**Access to Services-** *guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services.* ARISE, 293 State Rt. 104, Oswego NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

**Support Groups-** *For individuals with a disability, or their caregivers and/or siblings.* ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

**Care Coordination-** provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.

**People First Care Coordination Organizations:**

LIFEPlan CCO 258 Genesee Street, Suite 601, Utica, NY 13502 315-565-2612 [www.lifeplan.org](http://www.lifeplan.org)

Prime Care Coordination 860 Hard Road, Webster, NY 14580 844-347-3168 [www.primecareny.org](http://www.primecareny.org)

**Clinical Services-** *Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.*

Madison/Cortland ARC (Article 16 Satellite Clinic), 7 Morrill Place, Fulton, NY 13069 [www.arcofmc.org](http://www.arcofmc.org)

315-598-3108 <https://www.arcofmc.org/clinical-services1>



**Early Intervention-** *provides services to children from birth to two years of age who may not yet meet the OPWDD criteria, activities include pre-academic skills, social interaction skills, self-care skills and infant stimulation. The Oswego County Health Department is a single point of entry in which all early intervention referrals enter.*

Liberty Resources Integrated Health Care, 945 South 1<sup>st</sup> St., Fulton, NY 13069 - Intake 315-598-4642 ext. 129, *identify yourself as an Oswego County Resident* [www.liberty-resources.org](http://www.liberty-resources.org)  
Little Luke's— 10 Burkle St., Oswego, NY 13126 315-342-4600, Castle Drive, Pulaski, NY 315-298-5070, 706 South 4<sup>th</sup> St., Fulton, NY 315-887-5250 [www.littlelukes.com/contact.html](http://www.littlelukes.com/contact.html)  
Oswego County Health Department- Early Intervention, 70 Bunner St., Oswego NY 13126 315-349-3510  
Pemberton Associates— 315-963-0864 – *Provides Aquatic Program through Early Intervention, Preschool, Special Education and privately through services of a Physical Therapist.*  
The Rowland Center for Early Intervention Services and Preschool Special Education Services- 315-786-7202 - 120 Washington St, Suite 306, Watertown, NY 13601

**Community Habilitation-** *provides community based services focusing on building independent living abilities, skills and integration into the community.*

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)  
ARC of Oswego County, 7 Morrill Place., Fulton, NY 13069 315-598-3108 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)

**Family Support and Services-** *goods, services and subsidies that assist families of people with disabilities.*

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)  
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120  
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)  
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)  
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustries.org](http://www.oswegoindustries.org)

**Home Modifications-** *adaptations to the home that are necessary to maintain or increase ability to live at home with independence.*

ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)  
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120  
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)  
Access To Independence, of Cortland County, Inc., 26 N Main St., Cortland, NY 13045 Phone: (607) 753-7363; Temp. Phone: (607) 283-4881 [info@aticortland.org](mailto:info@aticortland.org)

**Assistive Technology-** *equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.*

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 [www.AccessCNY.org](http://www.AccessCNY.org)

**Free Standing Respite-** *planned day, evening or overnight stays away from a person's home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.*

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 [www.oco.org](http://www.oco.org)

**Respite-** *services that provides families of people with disabilities temporary relief from caregiving responsibilities.*

ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)  
ARISE, 293 State Rt.104, Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org) (summer camp & in-home)  
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120  
YMCA, 249 West First St. Oswego, NY 13069 315-343-4321 [www.oswegoymca.org/social\\_services.php](http://www.oswegoymca.org/social_services.php)

**Respite Reimbursement-** *reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.*

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)



Person to Person Citizen Advocacy, 157 East First St., Suite 9, Oswego, NY 13126 315-593-2303  
[www.ppcadvocacy.org](http://www.ppcadvocacy.org)



## Substance Abuse Supports & Services for Youth

**Outpatient Clinics, NYS OASAS Licensed-** *Provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.*

COCOAA, 283 West Second St., Oswego, NY 13126 315-342-2370 [www.cocoa.org](http://www.cocoa.org)

Farnham Family Services, 283 W. Second St., Oswego, NY 1326 315-342-4489 & Schuyler St.

Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)

Harbor Lights, 111 Hamilton St., Mexico, NY 13114 315-963-0777 [www.HarborLightsCDS.com](http://www.HarborLightsCDS.com)

**Regional Open Access Center for Addiction (ROACA)-** *Immediate help for people with addictions and immediate access to treatment.* Helio Health 329 North Salina St., Syracuse, NY 13203 315-471-1564

[www.helio.health](http://www.helio.health)

**Prevention Services-** *Provides prevention and intervention services to individuals, groups, schools, organizations, and the general public.*

COCOAA, 38 Erie St., Oswego, NY 13126 315-342-4489 [www.cocoa.org](http://www.cocoa.org)

Farnham Family Services, 38 Erie St., Oswego, NY 13126 315-342-4489 113 Schuyler St. Commons,

Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)

Oswego County Prevention Coalition, 38 Erie St., Oswego, NY 13126 315-342-4489 Ext. 2400

[www.ocpreventioncoalition.org](http://www.ocpreventioncoalition.org)

**Youth Clubhouse** – *“The SPOT” provides for peer-driven supports and services that encourage a drug-free lifestyle. “The SPOT” offers services to youth from 12-21 yrs. of age who are either in recovery or at risk for substance use. Oswego County Opportunities, Inc., Hillside Commons, 9 Fourth Ave., Oswego, NY 13126 315-342-7532 [www.oco.org](http://www.oco.org)*





## Other Support Services

**Pregnancy Prevention & Services-** *A comprehensive array of services for women of reproductive age as well as pregnant and parenting teens.*

Oswego County Opportunities, OPTIONS, 10 George St., Oswego, NY 13126

315-342-7532 [www.oco.org](http://www.oco.org)

Oswego County Opportunities, Health Education, Hillside Commons, 9 Fourth Ave., Oswego, NY 13126

315-342-7532 [www.oco.org](http://www.oco.org)

### **Abuse & Assault Services-**

SAF Oswego County Opportunities, 315-342-1600 [www.oco.org](http://www.oco.org). *Accepts calls 24/7 including county collect calls. Assists victims of violence and sexual assault.*

Child Advocacy Center, 163 South First Street, Fulton, NY 13069 315-592-4453

### **Emergency and Homeless Services –**

Catholic Charities, 808 West Broadway, Fulton, NY - A source of comfort and aid to families and individuals throughout Oswego County, the Emergency Assistance Program provides a wide array of vital services to meet the basic needs of those less fortunate. These include: medical costs, prescription drug costs, utility payments, diapers, baby formula, clothing, personal hygiene items, furniture and household items. Based on eligibility and available funding. 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)

Oswego County Opportunities, Inc., Hillside Commons, 9 Fourth Ave., Oswego, NY 13126 315-342-7618 [www.oco.org](http://www.oco.org) or Toll Free 1-877-342-7618 or 211 from any phone [www.oco.org](http://www.oco.org) *Assists homeless, runaway and youth in need of emergency services.*

**NY Connects of Oswego County-** 315-349-8697

[https://www.oswegocounty.com/departments/human\\_services/office\\_for\\_the\\_aging/ny\\_connects\\_.php](https://www.oswegocounty.com/departments/human_services/office_for_the_aging/ny_connects_.php)

If you have questions about any of the mentioned services, please contact:

### **Oswego County Division of Mental Hygiene**

#### **Department of Social Services**

**(315) 963-5361**

**100 Spring Street / P.O. Box 1320**

**Mexico, NY 13114**

[www.oswegocounty.com/mentalhygiene](http://www.oswegocounty.com/mentalhygiene)

An extensive list of additional services may be found in the Community Services Directory at

<https://cms3.revize.com/revize/oswegonyparks/2020%20Directory.pdf>

To report any changes or request additional copies of this directory please call  
(315) 963-5361

**Find us on Facebook**  
**Oswego County Mental Hygiene Division**





## Additional Websites

New York State Family Resources- *Parenting resources:* [www.nysfamilyresources.org](http://www.nysfamilyresources.org)

National Suicide Prevention Lifeline- *A 24-hour suicide prevention service available to anyone in suicidal crisis:* [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Family Guide- *Emphasizes the importance of family, promotes mental health, and helps prevent underage use of alcohol, tobacco, and illegal drugs:* [www.samhsa.gov](http://www.samhsa.gov)

National Alliance on Mental Illness-*Providing support, education, and advocacy for people with mental illness and their families:* [www.nami.org](http://www.nami.org)

National Eating Disorders Association- *Education, resources and support to those affected by eating disorders:* [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

Parent to Parent of NYS-*Connecting and supporting families of individuals with special needs:* [www.parenttoparentnys.org](http://www.parenttoparentnys.org)

Option Line- *Answers to concerns or questions about pregnancy, abortion and related issues:* [www.optionline.org](http://www.optionline.org)

KidsHealth- *Provides accurate and up-to-date health information about children:* [www.kidshealth.org](http://www.kidshealth.org)

National Runaway Switchboard-*National communication system for runaway and homeless youth:* [www.1800runaway.org](http://www.1800runaway.org)

NYS OMH – Search for a Provider <https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages>

NYS OASAS – Search for Provider - <https://findaddictiontreatment.ny.gov/>

NYS OPWDD – Front Door to Services - <https://opwdd.ny.gov/welcome-front-door/home>

211 <https://211cny.com/>



