Directory of Community

Mental Health
Addiction
Intellectual / Developmental Disability

Services & Supports

Oswego County Mental Hygiene Services
www.oswegocounty.com/mentalhygiene

Committed to improving our local service system to provide superior support and care to Oswego County residents.

2020

Rev. 06.08.2020
# Oswego County Mental Hygiene Services & Supports

## TABLE OF CONTENTS

**Adult Services**

- Mental Health 3
- Developmental Disabilities 6
- Substance Use Disorders 8

**Children’s Services**

- Mental Health 9
- Developmental Disabilities 12
- Substance Abuse 14

**Other Support Services**

- **Additional Websites** 16
- County Map 17
Adult Services

Mental Health Supportive Services for Adults

**Single Point of Access (SPOA) for Adults** - Receives and screens referrals for case management and ACT. Oswego County Division of Mental Hygiene, 100 Spring Street, PO Box 1320, Mexico, NY 315-963-5361 [www.oswegocounty.com/mentalhygiene](http://www.oswegocounty.com/mentalhygiene)

**Local Care Management (Non-Medicaid)** - Community based support to facilitate independent living and recovery. SPOA approval needed. Catholic Charities, 808 West Broadway Street, Fulton, NY 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)

**Health Home Care Management** - Community based support to facilitate independent living and recovery.
Catholic Charities, 808 West Broadway, Fulton, NY 13069 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)
Hillside Children’s Center, 215 Wyoming St. Syracuse, NY 13210 315-703-8700 [www.hillside.com](http://www.hillside.com)
Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13126 315-326-3460 [www.oswegohealth.org](http://www.oswegohealth.org)
Oswego County Opportunities, 75 E. First St., Oswego, NY 13126 315-342-7532 [www.oco.org](http://www.oco.org)

**Transition Support Services** - Time limited, intense care management assistance to manage complex short-term needs related to successful community living. SPOA approval needed. Catholic Charities, 808 West Broadway, Fulton, NY 13069 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)

**Peer Advocacy, Support & Recreation** - Consumers of mental health services providing education, support, system advocacy, social and recreational opportunities for other consumers.
ARISE, 293 State Rt. 104 Oswego, NY 13126 315-342-4088 [www.ariseinc.org](http://www.ariseinc.org)

**Peer Warm Line** - “Adult Peer Warm Line” is a non-emergency resource that is available 24/7. This mental health peer-to-peer phone support line is for adults aged 18 and older and offers mutual conversations with a trained peer specialist who has life experience with mental health recovery. Calls are expected to last no more than 15 minutes but may last longer when appropriate. The warm line is intended to provide Peer Support and is not intended to be a crisis support line.
Liberty Resources Inc. at 1-855-778-1900 [www.liberty-resources.org](http://www.liberty-resources.org)

**Drop-In Center** – Program supports individuals diagnosed with a Mental Illness through their recovery, promotes wellness and combats stigma of Mental Illness. Activities may be facilitated by Mentors and Peer Mentors. Activities are driven by the participants needs and requests. No mandatory participation or eligibility screening. Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 [www.ccoswego.com](http://www.ccoswego.com)
Mental Health Transportation Services- Transportation services to select locations for adults and children with a mental health diagnosis. SPOA approval needed.
Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com


Ongoing Integrated Employment- Assistance with choosing, getting, and keeping competitive employment through follow along services.
Oswego Industries, Career Employment Services (CES), 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Integrated Competitive Employment- Vocational assessments and paid work in a competitive integrated work setting.
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Community-Based Family Care- Housing provided in a caring, NYS OMH certified family home.
Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 www.oco.org

Supported Housing- Startup funds, rental stipends, and support services for independent living. Oswego County Opportunities, 239 Oneida St. Fulton, NY 13126 315-592-0793 www.oco.org

Transitional Housing- NYS OMH Certified supervised residence and supportive apartments that prepare individuals for independent living.
Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 www.oco.org

Crisis / Respite Bed- Residential option for adults in need of short-term support in a structured supervised setting.
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-9110 www.oco.org

Short-term Crisis Respite for Adults – Oswego County site is located in the City of Oswego. Short-term crisis respite is run in a home-like setting with supports provided by certified Peer Specialists. Services are aimed at helping to reduce emergency department visits or hospitalizations. 315-216-4320 Oswegocrisisbeds@liberty-resources.org

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Mental Health Clinical Services for Adults

**Acute Care Inpatient Unit - NYS OMH Licensed**
Inpatient treatment for acute symptoms of mental illness. Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 315-326-4100
[www.oswegohealth.org](http://www.oswegohealth.org)

**Mobile Crisis - The Mobile Crisis Team responds to individuals experiencing emotional distress or a mental/behavioral health crisis. Crisis response and stabilization services are provided.**
- Stabilization of the crisis at home/community prevents unnecessary emergency room visits.
- Immediate clinical telephonic support is provided by our community partners when the crisis call is received.
- Mobile Crisis response is determined by level of need & severity of crisis.
- Safety Planning, referrals & recommendations are identified according to an individual’s needs.
- Short-term follow-up is available for those that require additional support for stabilization.

*Liberty Resources, Inc. Hours of Operation Monday - Friday | 5:00pm – Midnight, Weekends & Holidays | 6:00am – Midnight [www.liberty-resources.org](http://www.liberty-resources.org) 315-251-0800*

*Oswego Hospital Hours of Operation Monday - Friday | 8:00a.m. - 5:00p.m. & Sunday 12:00a.m. to 6:00a.m. [www.oswegohealth.org](http://www.oswegohealth.org) 315-251-0800*

To reach Mobile Crisis- anyone can contact local law enforcement/911, 211 or Contact Community Services Crisis Connects Line at 315-251-0800

**Assertive Community Treatment Team (ACT) - NYS OMH Licensed Non-traditional clinic and care management services. SPOA Referral required.** Oswego Hospital Behavioral Services, 74 Bunner Street, Oswego, NY 13126 315-326-4228 [www.oswegohealth.org](http://www.oswegohealth.org)

**Emergency Services - Emergency evaluations for acute mental health symptoms. It is suggested that you call ahead.** Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 315-326-4100 [www.oswegohealth.org](http://www.oswegohealth.org)

**Outpatient Clinics, NYS OMH Licensed - evaluation, individual and group counseling, and psychiatry services**
ARISE Child & Family Services, Main Office 113 Schuyler St., Fulton, NY 13069 315-887-5156
(Additional Office in Oswego) [www.ariseinc.org](http://www.ariseinc.org)
Liberty Resources Integrated Health Care, 14 Crossroads Drive, Fulton, NY 13069 Intake 315-598-4642 ext.129, identify yourself as an Oswego County Resident [www.liberty-resources.org](http://www.liberty-resources.org)

**Private Practitioners – Evaluation and Counseling Services –**
Beacon Psychological Services, 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862 beacon514@hotmail.com
Charles Craigmiler, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900
Counseling & Healing Arts of Oswego County, Inc., 188 S. Third St., Fulton, NY 13126 315-207-5435
*Individual & Family Centered Holistic Therapy for the Mind, Body & Spirit*
Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344 [www.creeksidecounselingservices.com](http://www.creeksidecounselingservices.com)
Equanimity Counseling, 185 E. Seneca St., Oswego, NY 13126 315-500-7255 chris@EquanimityCounselingCNY.com
Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 13126 315-342-0033
Integrative Counseling Services, PLLC, 5 W. Cayuga St., Oswego, NY 13126 315-342-9255

**Suicide Prevention - National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial 1-800-273-TALK (8255)**
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
Suicide Prevention, Local Coalition – To join call 315-529-0360
Developmental Disability Services for Adults

**Access to Services** guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services
ARISE, 293 State Rt. 104, Oswego NY 13126 315-342-4088  [www.ariseinc.org](http://www.ariseinc.org)

**Advocacy, Information & Referral**
AccessCNY, 1603 Court St., Syracuse, NY 13208  315-455-7591  [www.AccessCNY.org](http://www.AccessCNY.org)
ARISE, 293 State Rt. 104, Oswego, NY 13126  315-342-4088  [www.ariseinc.org](http://www.ariseinc.org)
CNY Developmental Services Office, 5 Tower Dr., Fulton, NY 13069  315-598-6120
Oswego Industries, 7 Morrill Place, Fulton, NY 13069  315-598-3108  [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Care Coordination Organizations.** provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.

**People First Care Coordination Organizations:**
LIFEPlan CCO 258 Genesee Street, Suite 601, Utica, NY 13502 315-565-2612  [www.lifeplan.org](http://www.lifeplan.org)
Prime Care Coordination  860 Hard Road, Webster, NY 14580 844-347-3168  [www.primecareny.org](http://www.primecareny.org)

**Family Support and Services**- goods, services and subsidies that assist families of people with disabilities
AccessCNY 1603 Court St., Syracuse, NY 13208  315-455-7591  [www.AccessCNY.org](http://www.AccessCNY.org)
ARISE, 293 State Rt. 104, Oswego, NY 13126 315-342-4088  [www.ariseinc.org](http://www.ariseinc.org)
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069  315-598-6120
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108  [www.oswegoindustries.org](http://www.oswegoindustries.org)

**Respite Reimbursement**- reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.
ARISE, 293 State Rt. 104, Oswego, NY 13126  315-342-4088  [www.ariseinc.org](http://www.ariseinc.org)
Oswego Industries, 7 Morrill Place, Fulton, NY 13069  315-598-3108  [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)

**Mentoring**- One to one relationships through the use of voluntary supportive peers.
Person to Person Citizen Advocacy, PO Box 551, Fulton, NY 13069 315-593-2303  [www/ppadvocacy.org](http://www/ppadvocacy.org)

**Day Habilitation**- formalized planned activities designed to enhance the abilities and skills of the participant which may include personal, social and work preparation activities. Services may be provided at an agency or in the community, in a group or individual basis.
ARC of Oswego County, 314 Park Street, Fulton, NY 13069  315-598-6007  [www.arcofoswegocounty.org](http://www.arcofoswegocounty.org)
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069  315-598-4710  [www.oco.org](http://www.oco.org)
Oswego Industries, 7 Morrill Place, Fulton, NY 13069  315-598-3108  [www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)
Community Habilitation- provides community-based services focusing on building independent living abilities, skills and integration into the community.
Advocates Incorporated, 808 West Broadway, Fulton, NY 13069 315-469-9931 www.advocatesincorporated.org
ARC of Oswego County, 7 Morrill Place., Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org
Onondaga Community Living, 518 James Street, Suite 110, Syracuse, NY 13203 315-434-9597 www.oclinc.org

Clinical Services- Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.
Madison/Cortland ARC (Article 16 Satellite Clinic), 7 Morrill Place, Fulton, NY 13069 www.arcofmc.org 315-598-3108 https://www.arcofmc.org/clinical-services/

Free Standing Respite- planned day, evening or overnight stays away from a person’s home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Respite- provides families of persons with disabilities temporary relief from caregiving responsibilities.
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
YMCA, 265 W. First St. Oswego, NY 13126 315-343-4321 http://oswegomyca.org/index.cfm/programs-events/respite/

Supported Employment- provides varying levels of support in obtaining/maintaining a competitive job placement in the community.
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org
Onondaga Community Living, 518 James Street, Suite 110, Syracuse, NY 13203 315-434-9597 www.oclinc.org

Community Employment Service- Vocational assessment trainings and paid work in an integrated work setting. Career Employment Services, a division of Oswego Industries, 7 Morrill Place., Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Vocational Assessment- evaluations to determine strengths and interests to assist in career development. Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Home Modifications- adaptations to the home that are necessary to maintain or increase ability to live at home with independence.
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
Access To Independence, of Cortland County, Inc., 26 N Main St., Cortland, NY 13045 Phone: (607) 753-7363; Temp. Phone: (607) 283-4881 info@aticortland.org

Assistive Technology- equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.
AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Residential Services-
Oswego County Opportunities, 239 Oneida Street, Fulton, NY 13069 315-598-4710 http://www.oco.org/
Addiction Supports & Services for Adults

**Clinical Services** - Outpatient Clinics, NYS OASAS Licensed provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.

COCOAA, 283 West Second St., Oswego, NY 13126 315-342-2370 [www.cocoaa.org](http://www.cocoaa.org)

Farnham Family Services, 283 W. Second St., Oswego, NY 13126  315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069  315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)


**Regional Open Access Center for Addiction (ROACA)**, Immediate help and access to treatment for people with addictions. Transportation available. Helio Health, 329 North Salina St., Syracuse, NY 13204  315-471-1564 [www.helio.health](http://www.helio.health)

**Opioid Treatment Program** - Provides medication assisted treatment that combines behavioral therapy and medications to treat substance use disorders. Farnham Family Services, 283 W. Second St., Oswego, NY 13126  315-342-4489 [www.farnhaminc.org](http://www.farnhaminc.org)

**Housing** - NYS OASAS Certified structured and supportive housing for adults transitioning to abstinent (drug and alcohol free) living, community residence and apartments. Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069  315-598-6312. [www.oco.org](http://www.oco.org)

**Recovery Support Services** - Support Services, various support groups are available throughout the county for individuals who are in recovery from an addiction to alcohol or narcotics. Group listings are available at:

- Alcoholics Anonymous Hotline 315-463-5011
- Prevention Network - Family Support Navigators - 518-487-4395
- Narcotics Anonymous Hotline 315-472-5555

**Peer Engagement Services** – Utilizing lived recovery experiences, Certified Recovery Peer Advocates engage individuals with substance use disorders, their families, and providers who have experienced barriers to accessing treatment for substance abuse.

Helio Health - Center of Treatment Innovation (COTI) 329 North Salina St., Syracuse, NY 13204 315-401-4288. [www.helio.health](http://www.helio.health)

**Peer Support Services** – A person centered, strength focused service available to individuals enrolled in Outpatient Treatment Services, delivered by an individual credentialed as a Certified Recovery Peer Advocate. The Peer Advocate may provide an array of services including but not limited to: raising awareness of existing social and other support services, modeling coping skills, providing non-clinical crisis support, especially after periods of hospitalization or incarceration, working with participants to identify strengths, linking participants to formal recovery supports, and educating program participants about various modes of recovery.

Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069  315-593-0796 [www.farnhaminc.org](http://www.farnhaminc.org)
Vocational Services – NYS OASAS funded program that provides individuals in need of substance use disorder services with employment training, referral services and skill development in order to attain employment and/or education.
COCOAA, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, 113 Schuyler St., Suite 1, Fulton, NY 13069 315-593-0796 www.cocoaa.org

Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org

Children’s Services

Mental Health Supportive Services for Children

Single Point of Access (SPOA) for Children - Receives and screens referrals for Care Management, Advocacy & Mentoring, Family Peer Support Services, Planned Respite, Residential Placements. Provides information on additional mental health programs as needed. Oswego County Division of Mental Hygiene, 100 Spring St. PO Box 1320, Mexico, NY 13114 315-963-5361
www.oswegocounty.com/mentalhygiene

Local Care Management (Non-Medicaid) - Community-based services designed to promote family engagement, independence and wellness for children with serious emotional disturbances and their families. SPOA approval needed. Oswego Health Care Management, 105 County Route 45A, Suite 300, Oswego, NY 13125 315-326-3561 www.oswegohealth.org

Children’s Health Home Care Management - Community based support to assist children & families to develop skills to manage overall health and wellness.
Catholic Charities, 808 W. Broadway, Fulton, NY 13069 315-598-3980 www.ccoswego.com
Cayuga Centers, 44 Bridge St., Oswego, NY 13126 www.cayugacenters.org
Elmcrest Children’s Center, 960 Salt Springs Road, Syracuse, NY 315-463-9415 www.elmcrest.org
Hillside Children’s Center, 215 Wyoming St. Syracuse, NY 13204 315-703-8700 www.hillside.com
House of the Good Shepherd, 26515 NYS Route 3, Watertown, NY www.changingchildlives.org
Liberty Resources Integrated Health Care, 945 South 1st St., Fulton, NY 13069 Intake 315-598-4642 ext.129, identify yourself as an Oswego County Resident www.liberty-resources.org
Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13142 315-326-3460 www.oswegohealth.org
Salvation Army 200 Twin Oaks Drive, Syracuse, NY 13206 315-640-1508 Fax: 315-434-1399 www.salvationarmyusa.org
Planned Respite- Scheduled respite provided to children with severe emotional disturbances in a Hillside certified foster home. Hillside, 215 Wyoming St., Syracuse, NY  13204 315-703-8700  www.hillside.com


Mental Health Transportation Services- Transportation services to select locations for adults and children with a mental health diagnosis. SPOA approval needed. Catholic Charities, 808 West Broadway, Fulton, NY 13069 315-598-3980  www.ccoswego.com


Children and Family Treatment Support Services (CFTSS) – A new array of services intended to improve health, well-being, and quality of life. The child must have Medicaid.
CFTSS: Other Licensed Professional- Evaluation, psychotherapy, and crises intervention. Can be provided in the home or other community settings. Hillside Children’s Center, 215 Wyoming St. Syracuse, NY 13204 315-703-8700  www.hillside.com
CFTSS: Crisis Intervention- Mobile services that can intervene when a child is experiencing acute psychological/emotional distress. Liberty Resources Integrative Healthcare Mobile Crisis Service Call CRISIS CONNECTS 315-251-0800  www.liberty-resources.org
CFTSS: Psychosocial Rehabilitation Services (PRS)- Designed to improve skills and remove barriers associated with a child’s behavioral health needs. Catholic Charities, 808 West Broadway, Fulton NY 13069 315-598-3980  www.ccoswego.com  Hillside Children’s Center, 215 Wyoming St, Syracuse, NY 13204 315-703-8700  www.hillside.com


Home & Community Based Services (HCBS) – An array of services designed to wrap around a child and family where the child is at risk of an out of home placement due to severe symptoms or risky behaviors stemming from their mental health condition. These services are referred to by the child’s Health Home Care Manager, or by the Children & Youth Evaluation Service (C-YES). More information can be found by following this link: https://www.oswegocounty.com/departments/human_services/mental_hygiene/children_s_waiver_-_home_and_community_based_services_(hcbs).php

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Mental Health Clinical Services for Children

**Mobile Crisis** - The Mobile Crisis Team responds to individuals experiencing emotional distress or a mental/behavioral health crisis. Crisis response and stabilization is provided to individuals who appear to be experiencing a behavioral health crisis.

- Stabilization of the crisis at home/community prevents unnecessary emergency room visits.
- Immediate clinical telephonic support is provided by our community partners when the crisis call is received.
- Mobile Crisis response is determined by level of need & severity of crisis.
- Safety Planning, referrals & recommendations are identified according to an individual’s needs.
- Short-term follow-up is available for those that require additional support for stabilization.

**Liberty Resources, Inc. Hours of Operation Monday - Friday | 5:00 pm - Midnight Weekends & Holidays | 6:00 am – Midnight**  
[www.liberty-resources.org](http://www.liberty-resources.org)  315-251-0800

**Oswego Hospital Hours of Operation Monday - Friday | 8:00 a.m. - 5:00 p.m. & Sunday 12:00 a.m. to 6:00 a.m.**  
[www.oswegohealth.org](http://www.oswegohealth.org)  315-251-0800

To reach Mobile Crisis- anyone can contact local law enforcement/911, 211 or Contact Community Services Crisis Connects Line at 315-251-0800

**Emergency Services** - Oswego Hospital Emergency Department, 110 West Sixth St., Oswego, NY 315-349-5522  [www.oswegohealth.org](http://www.oswegohealth.org)

**Outpatient Clinics, NYS OMH Licensed** - evaluation, counseling and psychiatry services, medication management.

- ARISE Child & Family Services – Main Office 113 Schuyler St., Suite 1, Fulton, NY 13069  315-887-5156  
  (Additional Office in Oswego)  [www.ariseinc.org](http://www.ariseinc.org)
- Liberty Resources Integrated Health Care, 14 Crossroads Drive, Fulton, NY  13069  Intake 315-598-4642 ext. 129, *identify yourself as an Oswego County Resident*  
  [www.liberty-resources.org](http://www.liberty-resources.org)
- Oswego Hospital Child & Family Services, 98 N. Second St. Suite 100, Fulton, NY 13069 315-326-3555  
  [www.oswegohealth.org](http://www.oswegohealth.org)

**School-Based Mental Health Clinics, NYS OMH Licensed** - *satellite clinics* providing evaluation and counseling within certain school buildings. Contact school personnel to inquire about a referral. More sites added each Fall.

School Buildings with a NYS OMH licensed satellite mental health clinic as of January 2020:

- **Fulton City Schools**
  - Fairgrieve Elementary
  - Lanigan Elementary
  - Granby Elementary
  - Volney Elementary
  - Fulton Junior High
  - G. Ray Bodley High School

- **Hannibal Central Schools**
  - Kenney Middle School
  - Hannibal High School

- **Oswego City Schools**
  - Fitzhugh Park Elementary
  - Oswego Middle School
  - Riley Elementary
  - Minetto Elementary

- **Mexico Academy & Central Schools**
  - Mexico High School

- **Central Square Central Schools**
  - A.A. Cole Elementary
  - Millard Hawk Elementary
  - Central Square Middle School
  - Paul V. Moore High School

- **Altmar Parish Williamstown Schools**
  - APW Jr./Sr. High School
Suicide Prevention - National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial 1-800-273-TALK (8255) www.suicidepreventionlifeline.org
Suicide Prevention, Local Coalition – To join call 315-529-0360

Children’s School Based Day Treatment - Stepping Stones Day Program. A collaboration between Oswego CITI and Hillside Children’s Center. Fourth St School, Fulton, NY 315-593-8608

Private Practitioners - Evaluation and Counseling Services –
Beacon Psychological Services, PLLC 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862
Charles Craigmile, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900
Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344
www.creeksidecounselingservices.com
Equanimity Counseling, 185 E. Seneca St., Oswego, NY 13126 315-500-7255
chris@EquanimityCounselingCNY.com
Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 315-342-0033
Integrative Counseling Services, PLLC., 5 W. Cayuga St., Oswego, NY 315-342-9255

Developmental Disability Services for Children

Advocacy, Information and Referral
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
ARISE, 293 State Rt. 104, Oswego, NY 13126 315-342-4088 www.ariseinc.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofosswegocounty.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

Access to Services - guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services. ARISE, 293 State Rt. 104, Oswego NY 13126 315-342-4088 www.ariseinc.org

Support Groups - For individuals with a disability, or their caregivers and/or siblings. ARISE, 293 State Rt. 104, Oswego NY 13126 315-342-4088 www.ariseinc.org

Care Coordination - provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.
People First Care Coordination Organizations:
LIFEPan CCO 258 Genesee Street, Suite 601, Utica, NY 13502 315-565-2612 www.lifeplan.org
Prime Care Coordination 860 Hard Road, Webster, NY 14580 844-347-3168 www.primecareny.org

Clinical Services - Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.
Madison/Cortland ARC (Article 16 Satellite Clinic), 7 Morrill Place, Fulton, NY 13069 www.arcofmc.org
315-598-3108 https://www.arcofmc.org/clinical-services
Early Intervention - provides services to children from birth to two years of age who may not yet meet the OPWDD criteria, activities include pre-academic skills, social interaction skills, self-care skills and infant stimulation. The Oswego County Health Department is a single point of entry in which all early intervention referrals enter.

Liberty Resources Integrated Health Care, 945 South 1st St., Fulton, NY 13069 - Intake 315-598-4642 ext. 129, identify yourself as an Oswego County Resident www.liberty-resources.org
Oswego County Health Department- Early Intervention, 70 Bunner St., Oswego NY 13126 315-349-3510 Pemberton Associates– 315-963-0864 – Provides Aquatic Program through Early Intervention, Preschool, Special Education and privately through services of a Physical Therapist.
The Rowland Center for Early Intervention Services and Preschool Special Education Services- 315-786-7202 - 120 Washington St, Suite 306, Watertown, NY 13601

Community Habilitation - provides community based services focusing on building independent living abilities, skills and integration into the community.
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
ARC of Oswego County, 7 Morrill Place., Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org

Family Support and Services- goods, services and subsidies that assist families of people with disabilities.
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustries.org

Home Modifications- adaptations to the home that are necessary to maintain or increase ability to live at home with independence.
ARISE, 293 State Rt. 104, Oswego, NY, 13126 315-342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
Access To Independence, of Cortland County, Inc., 26 N Main St., Cortland, NY 13045 Phone: (607) 753-7363; Temp. Phone: (607) 283-4881 info@aticortland.org

Assistive Technology- equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Free Standing Respite- planned day, evening or overnight stays away from a person’s home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Respite- services that provides families of people with disabilities temporary relief from caregiving responsibilities.
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
ARISE, 293 State Rt.104, Oswego, NY 13126 315-342-4088 www.ariseinc.org (summer camp & in-home)
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
YMCA, 249 West First St. Oswego, NY 13069 315-343-4321 www.oswegoymca.org/social_services.php

Respite Reimbursement- reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org
Mentoring - One to one relationship through the use of voluntary supportive peers.
Person to Person Citizen Advocacy, 157 East First St., Suite 9, Oswego, NY 13126 315-593-2303 
www.ppcadvocacy.org

Substance Abuse Supports & Services for Youth

Outpatient Clinics, NYS OASAS Licensed - Provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.
COCOAA, 283 West Second St., Oswego, NY 13126 315-342-2370 www.cocoaa.org
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 & Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org

Regional Open Access Center for Addiction (ROACA) - Immediate help for people with addictions and immediate access to treatment. Helio Health 329 North Salina St., Syracuse, NY 13203 315-471-1564 www.helio.health

Prevention Services - Provides prevention and intervention services to individuals, groups, schools, organizations, and the general public.
COCOAA, 38 Erie St., Oswego, NY 13126 315-342-4489 www.cocoaa.org
Farnham Family Services, 38 Erie St., Oswego, NY 13126 315-342-4489 113 Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org
Oswego County Prevention Coalition, 38 Erie St., Oswego, NY 13126 315-342-4489 Ext. 2400 www.ocpreventioncoalition.org

Youth Clubhouse – “The SPOT” provides for peer-driven supports and services that encourage a drug-free lifestyle. “The SPOT” offers services to youth from 12-21 yrs. of age who are either in recovery or at risk for substance use. Oswego County Opportunities, Inc., Hillside Commons, 9 Fourth Ave., Oswego, NY 13126 315-342-7532 www.oco.org
Other Support Services

**Pregnancy Prevention & Services** - A comprehensive array of services for women of reproductive age as well as pregnant and parenting teens.
Oswego County Opportunities, OPTIONS, 10 George St., Oswego, NY 13126
315-342-7532  www.oco.org
Oswego County Opportunities, Health Education, Hillside Commons, 9 Fourth Ave., Oswego, NY 13126
315-342-7532  www.oco.org

**Abuse & Assault Services** -
SAF Oswego County Opportunities, 315-342-1600 www.oco.org. Accepts calls 24/7 including county collect calls. Assists victims of violence and sexual assault.
Child Advocacy Center, 163 South First Street, Fulton, NY 13069  315-592-4453

**Emergency and Homeless Services** –
Catholic Charities, 808 West Broadway, Fulton, NY - A source of comfort and aid to families and individuals throughout Oswego County, the Emergency Assistance Program provides a wide array of vital services to meet the basic needs of those less fortunate. These include: medical costs, prescription drug costs, utility payments, diapers, baby formula, clothing, personal hygiene items, furniture and household items. Based on eligibility and available funding.  315-598-3980 www.ccoswego.com
Oswego County Opportunities, Inc., Hillside Commons, 9 Fourth Ave., Oswego, NY 13126 315-342-7618 www.oco.org or Toll Free 1-877-342-7618 or 211 from any phone www.oco.org Assists homeless, runaway and youth in need of emergency services.

**NY Connects of Oswego County**- 315-349-8697
https://www.oswegocounty.com/departments/human_services/office_for_the_aging/ny_connects_.php

If you have questions about any of the mentioned services, please contact:

**Oswego County Division of Mental Hygiene**
Department of Social Services
(315) 963-5361
100 Spring Street / P.O. Box 1320
Mexico, NY 13114
www.oswegocounty.com/mentalhygiene

An extensive list of additional services may be found in the Community Services Directory at

To report any changes or request additional copies of this directory please call
(315) 963-5361

Find us on Facebook
Oswego County Mental Hygiene Division
Additional Websites

New York State Family Resources- Parenting resources: www.nysfamilyresources.org

National Suicide Prevention Lifeline- A 24-hour suicide prevention service available to anyone in suicidal crisis: www.suicidepreventionlifeline.org

Family Guide- Emphasizes the importance of family, promotes mental health, and helps prevent underage use of alcohol, tobacco, and illegal drugs: www.samhsa.gov

National Alliance on Mental Illness- Providing support, education, and advocacy for people with mental illness and their families: www.nami.org

National Eating Disorders Association- Education, resources and support to those affected by eating disorders: www.nationaleatingdisorders.org

Parent to Parent of NYS- Connecting and supporting families of individuals with special needs: www.parenttoparentnys.org

Option Line- Answers to concerns or questions about pregnancy, abortion and related issues: www.optionline.org

KidsHealth- Provides accurate and up-to-date health information about children: www.kidshealth.org

National Runaway Switchboard- National communication system for runaway and homeless youth: www.1800runaway.org


NYS OASAS – Search for Provider - https://findaddictiontreatment.ny.gov/

NYS OPWDD – Front Door to Services - https://opwdd.ny.gov/welcome-front-door/home

211 https://211cny.com/