

1 Create Your Account

	<ul> <li>Go to www.oswego.edu/focus2</li> <li>Click "Register"</li> <li>Access Code: laker</li> <li>Use your Oswego email address</li> </ul>
2	Complete the "Work Interest" Self-Assessment
3	List your Top 3 Work Interests (results from Work Interest Assessment)
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4	Review your results
	List any words, phrases or characteristics that describe you well:
	List all the occupations/careers that interest you:

You may review your results with a Compass Navigator in the Resource Center, 145 Marano Campus Center, M-F 10:00 am - 4:30 pm

