

WATER SAFETY INSTRUCTOR

Campus Recreation is a division of the Department of Campus Life that provides a variety of vigorous, fun-filled, health-promoting, physical and recreational activities conducive to wellness and personal development. Students, faculty, and staff participate in these activities through the following programs and services: intramural sports, open recreation, sport clubs, recreational organizations, special events, and instructional programs.

You are responsible for ensuring the safety of the facility patrons by preventing and responding to emergencies. You must be able to supervise swimmers, minimize dangers, educate facility users about safety, enforce rules and regulations, give assistance and prepare records and reports when necessary. You must act in a professional manner at all times, being mentally and physically prepared to do your very best. Characteristics of professionalism include being reliable, courteous, prompt, positive in attitude, well groomed and appropriately dressed for duty, ready to act, mature, consistent, alert, healthy and fit. You must be able to teach various American Red Cross children's swimming levels.

MINIMUM QUALIFICATIONS:

Current certifications in the following:

American Red Cross Lifeguard Training

American Red Cross First Aid and Safety

American Red Cross Water Safety Instructor

American Red Cross CPR for the Professional Rescuer within one year of the date of certification, regardless of expiration date on the card.

REQUIREMENTS:

1. All Water Safety Instructors are required to work Saturday mornings both Fall and Spring semesters for 6 weeks during group swim lessons (six weeks before Thanksgiving Break in the Fall, and six weeks before Spring Break in the Spring; 8:30am – 1pm).
2. **No substitutes will be available for group swim lessons.**

SWIM TEST REQUIREMENTS:

1. 300 yard continuous swim, using each of the following strokes for at least 100 yards;
 - a. Front crawl (or freestyle)
 - b. Breast Stroke
 - c. 100 yards of your choice not on back or side.
2. Within 1 min 40 sec, swim 20 yards, surface dive, feet or head first, to a depth of 7-10 ft. and retrieve a 10-pound object. Return to surface and swim back to starting point keeping both hands on the object.
3. Tread water for 2 minutes, using legs only (arms across chest and hands under armpits).
4. Rescue scenarios are predetermined by the testers and may include both water and land based rescues.

5. Backboard scenario and rescue.
6. Teaching Scenario

RESPONSIBILITIES:

1. Arrive on time.
2. Enforce all facility policies, rules and regulations.
3. Minimize and eliminate hazardous situations.
4. Recognize and respond effectively to emergencies using whistles and rescue equipment.
5. Administer first aid when necessary.
6. Inspect the facility on a daily schedule and report unsafe conditions and equipment to supervisor.
7. Educate patrons to our rules and policies.
8. Maintain appropriate placement of rescue equipment.
9. Maintain a neat and professional appearance.
10. Secure the facility when leaving.
11. Complete appropriate records, reports and timecards.
12. Participate in in-service trainings as scheduled.
13. Complete any additional duties as assigned by the Assistant Director of Campus Life for Intramural and Recreational Sports.
14. Follow all established policies regarding substitutes.
15. Interact with patrons kindly and respectfully.
16. Experience instructing swimming lessons.
17. Write lesson plans for each swim lesson taught for all six weeks.
18. Water Safety Instructors are expected to teach both group AND private lessons.
19. Attend meetings and training sessions as required.
20. Complete American Red Cross skills sheets for each swimmer weekly.
21. At the conclusion of the Learn-To-Swim sessions, complete a Learn-To-Swim report for all students.
22. Work at least one aquatic special event over the course of the academic year.

For this position an individual must be highly observant at ALL times. There is a very large responsibility involved with life guarding and therefore split-second decision making is required. The ability to react quickly and effectively is key to successful life rescue and intelligent processing of the scene is wholly critical.