



# Children's Swim Lessons

### **Dates**

Saturdays February 1, 2020 -March 7, 2020 6-week Session

#### **Fees**

With a SUNY Oswego valid ID: \$38 Alumni and all others: \$40

## Location

SUNY Oswego Campus Recreation, Lee Hall Pool 101 Lee Hall, Oswego, NY

# Registration

Online at oswego.edu/campus -recreation/swim -lessons





Level One - Introduction to Water Skills (Grade 1-6) 9:00am - 9:30am
Level Two - Fundamental Aquatic Skills (Grade 1-6) 9:45am - 10:15am
Level Three - Stroke Development (Grade 1-6) 10:30am - 11:00am
Level Four - Stroke Improvement (Grade 1-6) 10:30am - 11:00am
Level Five - Stroke Refinement (Grade 1-6) 10:30am - 11:00am
Level Six - Swimming and Skill Proficiency (Grade 1-6) 10:30am - 11:00am
Parent/Child - Increase comfort in the water (Grade K/Age 4-5) 11:15am - 11:45am

Registration forms and class descriptions can be found on the website: www.oswego.edu/campus-recreation/swim-lessons