

Student Employee Job Description

Position: Group Exercise Instructor

Primary Function: The Group Exercise Instructor provides safe, fun, and motivating group exercise classes for the campus community.

Job Duties and Responsibilities:

- Instruct weekly group exercise classes that are safe, motivating, and accessible to all participants.
- Develop new classes routines and structures as needed to meet the demands of campus community.
- Maintain care and cleanliness of the exercise equipment associated with the group exercise area.
- Communicate regularly with the group exercise coordinator as it relates to delivery of group exercise classes.
- Consistently enforce all fitness center policies and procedures to the participants of the group exercise program.
- Assist with the delivery of special events and programs.
- Attend all staff meetings and trainings.
- Communicate regularly with departmental leadership and provide additional assistance when requested.

Qualifications:

- Must be a current SUNY Oswego student at time of employment.
- Possess a CPR/AED certification (will be offered through Campus Recreation during employment).
- Successful completion of one or more of the instructor training courses or possess other professional certification.
- Must possess strong interpersonal and customer service skills.
- Must be respectable, responsible, and dependable.
- Demonstrated commitment to wellness and fitness.

Terms of Employment

- The academic year constitutes a term of employment.
- The rate of pay is (minimum wage + \$1.75) per hour (subject to change based on budgetary allocations).
- Employees are required to arrive to campus a few days before the start of the semester for staff training each semester.
- Employees may be required to work at either Fitness Center or Lee Hall. Evening or weekend work will be required.
- All Group Exercise instructors will be given the opportunity to work as a facility attendant in the fitness centers.
- Feedback will be ongoing. If a situation arises that needs attention it will be addressed promptly and a timeline for desired change will be established. In addition, employees will receive a midyear formal evaluation.
- Failure to meet the responsibilities of the position as stated in operations manual may be grounds for personnel action (i.e., written warning, employment probation or termination).