Campus Recreation Programs

**SPRING 2019**

**JANUARY**
- **Open Recreation Basketball**
  - Program Dates: January 20 - May 19
  - Check online for schedule

**FEBRUARY**
- **8 v 8 Broomball Tournament - Full Ice**
  - Online Registration Deadline: January 29
  - Captain's Meeting: January 30, 6pm, MCC Room 113
  - Play Begins: February 2
  - Locations: Remsen Campus Center Arena

**BASKETBALL TOURNAMENT**
- Online Registration Deadline: January 29
  - Captain's Meeting: January 30, 6pm, MCC Room 113
  - Play Begins: February 1
  - Location: Remsen Gym

**OPEN RECREATION SOCCER**
- Program Dates: January 29 to April 27
  - Days & Times:
    - Tuesdays 6pm - 7:30pm
    - Saturdays 9am - 10am
  - Location: Swetnam Gym
  - All Equipment Provided

**MARCH**
- **Bench Press Challenge**
  - Online Registration Deadline: February 7, 5pm
  - Program Dates: February 7 - April 16
  - Location: Wescoe Rec Center

- **Walking to Wellness Challenge**
  - Online Registration Deadline: February 7, 5pm
  - Program Dates: February 7 - April 16
  - Location: Wescoe Rec Center

- **Crafty No Sew Fleece Blankets**
  - Create your own fleece blankets, free
  - Online Registration Deadline: February 7, 5pm
  - Program Dates: February 7 - April 16
  - Location: Wescoe Rec Center

**APRIL**
- **Softball Tournament**
  - Online Registration Deadline: April 16
  - Program Dates: April 16 - April 17
  - Location: Wescoe Rec Center

- **7 v 7 Flag Football Tournament**
  - Online Registration Deadline: April 16
  - Program Dates: April 16 - April 17
  - Location: Wescoe Rec Center

**MAY**
- **Color Outreach**
  - Online Registration Deadline: May 1
  - Program Dates: May 1 - May 2
  - Location: Wescoe Rec Center

**LEE HALL HOURS**
- **LEE GYM**
  - Mon - Fri: 7am - 10pm
  - Sat, Sun: 7am - 7pm

**SWETMAN GYM HOURS**
- **Tues, Wed, Thu:** 8am - 10pm
- **Fri:** 8am - 8pm
- **Sat:** 10am - 6pm
- **Sun:** Closed

**CAMPUS RECREATION**
- 1100 Locust, 515 227-3985
- www.unogs.edu/campusrec
- Register for all Campus Recreation Programs online.
- Persons with disabilities seeking to attend these events should contact Sands Jeffers at 515-777-2721.
- The Campus Recreation program is sponsored by the Department of Campus Life and Student Associations.