

Oswego State University of New York
Intramurals and Recreation
101 Lee Hall, 312-3114 www.oswego.edu/campuslife/intrmaurals

Fantasy Football

I. Players/Teams:

- A. Players, defenses, and team scoring will be chosen using a draft method.
- B. No two participants will have duplicate players, defenses, or teams.
- C. If there are enough participants, there will be multiple leagues
- D. Each league will be INDEPENDENT from the other leagues
 - 1. Each league will have its own draft.
 - 2. With multiple leagues, some participants will have the same players, defenses and teams.

II. Points:

- A. Quarterbacks:
 - 1. 0.2 points per passing yard
 - 2. 0.2 points per rushing yard
 - 3. 8 points per passing TD
 - 4. 6 points per rushing TD
 - 5. -4 points per interception
- B. Running backs and wide receivers:
 - 1. 0.4 points per rushing and receiving yard
 - 2. 6 points per rushing TD
 - 3. 10 points per receiving TD
- C. Defenses:
 - 1. 4 points per sack
 - 2. 10 points per interception
 - 3. 4 points per fumble recovery (defense or special teams)
 - 4. 6 points for defensive/special teams TD
- D. Team Scoring:
 - 1. 1 point for each point scored
- E. Kickers:
 - 1. 1 point per extra point
 - 2. 0.3 points per yard on made field goals

Please Note: POINTS WILL NOT BE AWARDED FOR ANYTHING ELSE.

III. Rosters:

- A. 10 players per week must play
- B. Each week, the following must be played:
 - 1 Quarterback
 - 2 Running backs
 - 3 Wide receivers
 - 1 Defense
 - 1 Kicker (kicking team)
 - 1 Team Scoring
 - 1 Wildcard player which can be a quarterback, running back, or wide receiver
- C. Weekly lineups must be turned in by 5:00 p.m. on each Thursday, using the “Weekly Lineup Sheet” provided.
- D. If the weekly lineup is not submitted, the lineup will remain the same as the week before.
- E. Thanksgiving week, all lineups must be turned in by 10:00 p.m. on Wednesday.
- F. Tight ends are considered wide receivers
- G. Be aware of bye weeks
- H. There is no limit on the number of substitutions.

IV. Playoffs:

- A. The eight teams with the highest total points at the end of the regular season are eligible for a head to head playoff championship.

V. Awards:

- A. Prizes will be awarded to the first, second and third place finishers.