



FIGURE SKATING SKILLS DEVELOPMENT PROGRAM

GENERAL INFORMATION

Fall, 2019 through Spring, 2020

Marano Campus Center Arena

The objective of SUNY Oswego's Figure Skating Skills Development program is to provide dedicated ice time for adult members of the campus community to practice and advance their individual figure skating skills.

Program Policies

- Participants acknowledge that ice skating is a potentially hazardous activity that presents an inherent risk of serious personal injury. Those who participate in ice skating activities at SUNY Oswego do so at their own risk.
- Participation is open to **SUNY Oswego students, faculty and staff ONLY. A valid SUNY Oswego ID must be presented to the program coordinator before participation will be allowed.**
- There is no charge to participate in this program.
- Program sessions will be limited to the first **30** participants who check-in with the coordinator.
- Participants must provide and only wear figure-style ice skates while on the ice. Ice skates must be in safe, serviceable condition. Skates with rusty blades are not allowed. Rental skates **will not** be available for this program.
- Ice skating instructors/coaches **will not** be provided for this program. However, participants may bring their own coaches to sessions for the purpose of individual instruction.
- Participants must be able to quickly stop and maneuver as needed. The use of beginner skating aids ("pushers") are not allowed.
- Food, drinks (other than water), gum, candy and tobacco products are prohibited from the ice and bench areas.
- The use of over-the ear headphones is prohibited while on the ice.
- Participants should secure their personal belongings. SUNY Oswego and its employees are not responsible for lost, stolen or damaged items.
- Anyone who appears to be under the influence of alcohol or illegal substances will not be allowed to participate.
- Participants must comply with the instructions of the program coordinator(s), and must cooperate with other participants while on the ice. Those who violate the rules contained herein, or are otherwise disruptive, will be required to leave the ice for the remainder of the session.



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SCHEDULE OF ICE SESSIONS

Fall, 2019 through Spring, 2020

Marano Campus Center Arena

October 19, 2019	Saturday	9:00 AM	to	10:30 AM
November 3, 2019	Sunday	8:00 AM	to	9:30 AM
November 9, 2019	Saturday	9:00 AM	to	10:30 AM
November 16, 2019	Saturday	9:00 AM	to	10:30 AM
November 23, 2019	Saturday	8:00 AM	to	9:30 AM
December 7, 2019	Saturday	8:00 AM	to	9:30 AM
February 2, 2020	Sunday	8:00 AM	to	9:30 AM
February 6, 2020	Saturday	9:00 AM	to	10:30 AM
February 15, 2020	Saturday	9:00 AM	to	10:30 AM
February 23, 2020	Sunday	8:00 AM	to	9:30 AM

- The objective of SUNY Oswego's Figure Skating Skills Development program is to provide dedicated ice time for adult members of the campus community to practice and advance their individual figure skating skills.
- Participation is open to **current** SUNY Oswego students, faculty and staff **ONLY**. No children are allowed.
- Participants will enter through the doors at the lower level of the Marano Campus Center Arena.
- Upon arriving for each session, participants must provide their valid SUNY Oswego ID and check-in with the on-duty program coordinator.

IMPORTANT:

The ice temperature at the Marano Campus Center Arena is kept between 17⁰ F and 23⁰ F, which makes it great for playing hockey – but **too hard and brittle** to be ideal for figure skating.

This being the case, figure skaters must take care when using their toe picks to perform maneuvers so as not to chip or "crater" the ice. (This includes jumps such as the lutz, toe loop, or the flip – which must be performed without "hammering" the ice with the toe pick.)

Those who chip or crater the ice with their toe picks jeopardize the sustainability of the program, and therefore will no longer be allowed to participate.