# Nutrition Facts

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Calories</strong></td>
<td>150</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>70</td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>8g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>4.5g</td>
</tr>
<tr>
<td><strong>Trans Fat</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>25mg</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>105mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>12g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0g</td>
</tr>
<tr>
<td>Sugars</td>
<td>12g</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>8g</td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Whole Milk (milk, vitamin D3)

**CONTAINS:** Milk

Made in a facility that processes peanuts, tree nuts, egg, milk, soy, fish, shellfish and wheat