Cereal- Special K Protein

INGREDIENTS: Special K Protein Cereal (Whole grain wheat, wheat gluten, sugar, rice, soy protein isolate, wheat bran, defatted soy grits, contains 2% or less of salt, cinnamon, malt flavor, L-lysine monohydrochloride, soy lecithin, sucralose, BHT for freshness. Vitamins and Minerals: Reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin A palmitate, vitamin B2 (riboflavin), folic acid, vitamin B12, vitamin D3.)

CONTAINS: Soy, Wheat