Cereal- Kashi GoLean

INGREDIENTS: Kashi GoLean Cereal (Kashi seven whole grain puff cereal (hard red wheat, brown rice, honey, cane syrup, barley, triticale, oats, rye, buckwheat, sesame seeds), degeminated yellow corn flour, expeller pressed soy grits, ground degeminated corn, cane syrup, expeller pressed soy protein isolate, oat fiber, wheat bran, expeller pressed soy flour, corn bran, Kashi seven whole grains & sesame flour (whole: oats, hard red wheat, rye, brown rice, triticale, barley, buckwheat, sesame seeds), salt, natural flavors, annatto extract, color)

CONTAINS: Soy, Wheat