Dining Center Menus

Meals can be purchased in the dining hall during the day using cash or check only, or at check-in with a credit card for \$6.99 per person for all you care to eat.

- BRUNCH -

Lakeside and Cooper Dining Centers 9 a.m. – 3 p.m.

Entrées Breakfast Wrap Δ ; Egg Whites to Order, Scrambled Eggs, Hard Boiled Eggs Δ ; Organic Steel Cut Oatmeal (v); Bacon Strips; Hashbrowns (v); Chicken Tortilla Soup

Deli Sliced Ham, Turkey Breast, and Tofurky Deli Slices (v); Tuna, Egg Δ and Chicken Salads; Hummus (v); Large Variety of Cheeses Δ (including Soy American (v)), Lettuce Δ , Tomato Δ , and Other Toppings; Choose from a Variety of Breads Δ , Wraps, Rolls (Wheat or White)

Salad Bar Wide Selection of Fresh Fruits Δ (Cut up and whole), Vegetables Δ , Yogurts Δ , Breakfast Pastries; Hot and Cold Cereals

Variety of Hot and Cold Beverages (including juices and waters)

- DINNER -

Lakeside and Cooper Dining Centers 4-7 p.m.

Entrées Third Pounder Bacon Cheeseburger; Chicken Cordon Bleu; California Burger (v);

Deli Sliced Ham, Turkey Breast, and Tofurky Deli Slices (v); Tuna, Egg Δ and Chicken Salads; Hummus (v); Large Variety of Cheeses Δ (including Soy American (v)), Lettuce Δ , Tomato Δ , and Other Toppings; Choose from a Variety of Breads Δ , Wraps, Rolls (Wheat or White)

Accompaniments Sautéed Fresh Sunshine Blend Vegetables (v); Vegetarian Baked Beans (v); Crinkle Cut French Fries

Salad Bar Wide Selection of Fresh Fruits Δ (Cut up and whole), Vegetables $\Delta,$ Yogurts Δ

Variety of Hot and Cold Beverages (including juices and waters)

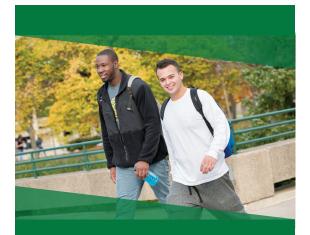
 Δ = Vegetarian No meat, fish or gelatin.

May contain dairy or egg products

(v) = Vegan No animal products, including honey

LAKE EFFECT CAFE

Located in Penfield Library. Open 10:45 a.m. to 8:30 p.m.
Serves Starbucks coffee, cold drinks, sandwiches,
salads and entrées to go, along with a
variety of snacks and pastries.



OUR CAMPUS IS YOUR CAMPUS

FEEL FREE TO VISIT ANY OF THESE FACILITIES:

The College Store

(open from 1–9 p.m.)

Located on the main concourse of
the Marano Campus Center

Penfield Library

(open from 10:30 a.m. - 9 p.m.)

Rice Creek Field Station

Located just south of the main campus on Thompson Road, our Rice Creek Field Station is open from 9 a.m. – 3 p.m. today. Stop at check-in for details and directions.

Guest Wireless Access

Network: Oswego-Guest

Username: admiss **Password:** oswego



Saturday OPEN HOUSE



Saturday • October 19, 2019 Noon-5:00 p.m.





SUNY Oswego's 2019 Saturday Open House SCHEDULE OF EVENTS

12-1:30 p.m.

Check in, Information Fair and Refreshments

Marano Campus Center, Main Concourse

Check in and mingle with students and staff.

In addition to the Office of Admissions staff, representatives from the following offices will also be available (subject to change):

- Athletics (Intercollegiate)
- Auxiliary Services (Dining Services and College Stores)
- Campus Recreation
- Career Services
- Community Services
- Educational Opportunity Program (EOP)
- EXCEL (Experiential Courses and Engaged Learning)
- Financial Aid
- Fitness Centers
- General Education
- Graduate Studies
- Honors Program
- Office of International Education and Programs
- Office of Learning Services (tutoring)
- Penfield Library
- Residence Life and Housing
- Rice Creek
- ROTC
- University Police

Noon

Campus Tours*

Depart from Marano Campus Center, Main Concourse

A student-guided tour which includes stops at a residence hall, Penfield Library and academic buildings.

*Tours go out every few minutes on a limited basis but are offered again in the afternoon at 4 p.m.

1:30-1:45 p.m.

Welcome

Marano Campus Center, Arena

1:50-2:40 p.m.

Academic Presentations

Marano Campus Center, Lanigan Hall, Shineman Center—various rooms

• College of Liberal Arts and Sciences Humanities Marano Campus Center Room 225

Social and Behavioral Sciences Marano Campus Center Room 114

Natural Sciences (Chemistry, Physics, Meteorology, Geology) Shineman Center Room 172

Biology and Zoology Lanigan 102

Pre-Health Shineman Center Room 176

Computer and Information Science

Shineman Center Room 185

Engineering Shineman Center Room 183

Mathematics and Economics Shineman Center Room 150

• School of Business

Marano Campus Center Room 132

 School of Communication, Media and the Arts Communication Studies Lanigan Hall Room 104

Art/Graphic Design Lanigan Hall Room 106

Music/Theatre Lanigan Hall Room 103

• School of Education
Park Hall Room 315

Undeclared

Marano Campus Center Room 201

2:45-3:15 p.m.

Student Services Presentations SESSION I

Marano Campus Center — various rooms

Please choose one of the following presentations.

- Financial Aid Room 201
- Student Panel Room 114
- First Year Admission Room 132

3:20-3:50 p.m.

Student Services Presentations SESSION II

Marano Campus Center—various rooms

Please choose one of the following presentations.

- Financial Aid Room 201
- Student Panel
 Room 114
- First Year Admission Room 132
- Transfer Admission Room 133

4 p.m.

Campus Tours

Marano Campus Center, Main Concourse

A student-guided tour which includes stops at a residence hall, Penfield Library and academic buildings.

