Dining Center Menus

Meals can be purchased in any dining hall during the day (cash or check only) or at a check in from 11 a.m. to 2 p.m. (cash, check or credit) for all you care to eat for $5.99 per person.

**BRUNCH** (Cooper Dining Center 9 a.m. – 2 p.m. & Lakeside Dining Center 9 a.m. – 1:30 p.m.)

**Entrées:** A Breakfast Wrap, A Egg Whites to Order, A Scrambled Eggs, A Hard Boiled Eggs, Bacon Strips, Hash Browns [V], A Broccoli Cheddar Soup, Meatballs, Spaghetti [V], Italian Sauce [V]

**The Deli:** Sliced Ham, Turkey Breast, and Tofurky Deli Slices [V], Tuna, A Egg and Chicken Salads, Hummus [V], Large Variety of A Cheeses (including Soy American [V]), A Lettuce, A Tomato, and Other Toppings. Choose from a Variety of A Breads, Wraps, Rolls (Wheat or White)

**Salad Bar:** Wide Selection of A Fresh Fruits (cut up and whole), A Vegetables, A Yogurts, Breakfast Pastries

A Wide Selection of Hot & Cold Cereals

**LITE BITE** (Lakeside Dining Center 1:30 – 3 p.m.)

Selection of A Fresh Fruit, A Yogurt, A Salad, Deli, Cereals, Desserts, Hot & Cold Beverages

**DINNER** (Lakeside and Cooper Dining Centers 4:30 – 7 p.m.)

**Entrées:** Beef & Broccoli Stir Fry, Beefless & Broccoli Stir Fry [V], Buffalo Chicken, Kaiser Roll, Made to Order Pizza and Deli (see Brunch for complete listing of items)

**Accompaniments:** Spicy Cauliflower [V], French Fries White Rice [V]

**Salad Bar:** Wide Selection of A Fresh Fruits (Cut up and whole), A Vegetables, A Yogurts

**Variety of Hot & Cold Beverages, (incl. waters & Juices)**

**Dessert:** Funfetti Cake w/White Frosting

△ = Vegetarian (No meat, fish or gelatin. May contain dairy or egg products)

V = Vegan (no animal products, including honey)

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Our Campus is Your Campus

Although the formal program ends at 4:30 p.m., feel free to stay on campus to visit our other facilities:

**Athletic Facilities**
Laker Hall & Lee Hall

**Marano Campus Center College Store**
11 a.m. – 5 p.m.

**Penfield Library**
10:30 a.m. – 9 p.m.

**Rice Creek Field Station**
9 a.m. – 3 p.m.

Learn about SUNY Oswego’s unique living laboratory for field studies at oswego.edu/ricecreek. Located just south of the main campus on Thompson Road. Stop at check in for details and directions.

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Marano Campus Center Dining:
The Crossroads Cafe located on the main concourse will be open from 11:00 a.m. – 4:00 p.m. The cafe features made-to-order food items and beverages on a cash and carry basis.
Welcome to SUNY Oswego’s 2018 Admitted Student Day!

SCHEDULE OF EVENTS

If you are interested in paying your deposit at this event, Admissions Office staff will be available to assist you at check-in. Financial Aid Counselors will be available for the duration of the event on the upper concourse.

11 a.m.*

Campus Tours
Depart from Marano Campus Center, Arena Floor
A student-guided tour which includes stops at a residence hall and academic buildings.
*Tours go out every 10 minutes starting at 11 a.m. on a limited basis and are offered again at 3:15 p.m.

11 a.m. – 12:45 p.m.

Registration, Information Fair and Refreshments
Marano Campus Center, Arena Concourse
Check in and mingle with students and staff.
In addition to the Office of Admissions, representatives from the following offices and organizations will also be available (subject to change):
- Athletics (intercollegiate)
- Auxiliary Services - Dining Services and College Stores
- Campus Life
- Campus Recreation
- Career Services
- Community Service
- Disability Support Services
- Educational Opportunity Program (EOP)
- Experiential Learning (co-ops, internships & community based learning)
- First Year Programs
- Honors Program
- International Education (study abroad)
- Office of Learning Services (tutoring)
- Orientation
- Penfield Library
- Residence Life & Housing
- Rice Creek Field Station
- ROTC (Air Force & Army)
- Transfer Services
- Walker Health Center
- Plus many student clubs & organizations

11:45 a.m. – 12:45 p.m.

Residence Hall Tours
Tours of four different residence halls are available from 11 a.m. to 12:45 p.m. Go to the residence hall(s) of your choice and a residence hall staff member will be there to give you a tour of the building. Locations will be determined at a later date and will be listed on the final program.

12:45 – 1:15 p.m.

Welcome
Marano Campus Center, Arena Floor

1:15 – 2 p.m.

Academic Presentations
Marano Campus Center & other academic buildings
- Art/Music/Theatre
- Communication Studies
- Humanities:
  - English/History/Philosophy/Linguistics/
  - Modern Languages/Creative Writing/
  - Cinema and Screen Studies
- School of Business
- School of Education
- Sciences, Math, Engineering, Computer Science and Pre Health
- Social and Behavioral Sciences:
  - Psychology/Sociology/Public Justice/
  - Anthropology/Political Science/Global
  - and International Studies
- Undeclared

2:10 – 3:10 p.m.

Student Services Presentations
Marano Campus Center, various locations
Choose TWO of the following four presentations:

- Your Next Step / 2 p.m. & 2:30 p.m.
  Marano Campus Center, Auditorium, Room 132
  Information on First Year Programs, Orientation & Opening Weekend.

- Residence Life & Housing / 2 p.m. & 2:30 p.m.
  Marano Campus Center, Room 114
  Hear about your living & learning opportunities on campus.

- Student Life Panel / 2 p.m.
  Marano Campus Center, Room 201
  Hear from current students about their experiences at Oswego.
  This panel is intended for students only.

- Transfer Q & A / 2:30 p.m.
  Marano Campus Center, Room 201
  Speak with a Transfer Counselor about your next steps as a transfer student.

- Career Services / 2 p.m. & 2:30 p.m.
  Marano Campus Center, Auditorium, Room 133
  You want a great job after graduation. Perhaps you have a dream career in mind. Career Services will show you what type of candidates employers are looking to hire based on today’s job market – and how to get there.

3:15 – 4:30 p.m.

Campus Tour
Depart from Marano Campus Center, Arena Floor
A student-guided tour which includes stops at a residence hall and academic buildings.

Refreshments will be available throughout the day in the Marano Campus Center Arena Concourse.