Dining Center Menus

Please use this program at any dining hall to receive the $5.99 special meal price (cash only) for all you care to eat.

**BREAKFAST**  Lakeside & Cooper Dining Centers 7 – 10 am

**LUNCH**  Lakeside 11 am – 1:30 pm & Cooper 11 am – 3 pm
The best time to dine is 11 am – 12:15 pm or after 1 pm.

Soup: Lasagna Soup, Homemade Corn Chowder (v).

Entrées: Quinoa Stir Fry (v), Philly Steak Sandwich, Tomato Basil Chicken Sausage Sub, Beefless Burger (v).

Baby Baker Potatoes (v), Fresh Sauteed Peppers & Onions (v), Homemade Cheese Sauce (v), Pasta - Sauce and Vegetables.

The Deli: Sliced Roast Beef, Ham, Turkey Breast, Meatless Turkey. Tuna made with light mayo. Egg Salad; Hummus.

Large Variety of Cheeses [including low fat & Soy American]. Lettuce, Tomato, Other Toppings. Choose from a Variety of Breads, Wraps, Fresh Kaiser Rolls (Wheat or White).

Salad Bar: Wide Selection of Fresh Fruits (cut up and whole), Vegetables, Yogurts.

Dessert: (Fresh from our On-Campus Bakery):
Cranberry Walnut Cookies (v), Rice Krispie Treats.

Variety of Hot & Cold Beverages including Juices and Waters

**LITE BITE**  Lakeside 1:30 – 3pm
Selection of Fresh Fruits, Yogurt, Salad, Cereals, Desserts, Hot & Cold Beverages.

**DINNER**  Lakeside & Cooper 4:30 – 7 pm
Soup: Lasagna Soup, Homemade Corn Chowder (v)

Entrées: Buffalo Chicken Panini, London Broil, Meatless Chili (v).

Made to Order Pizza and Deli (see Lunch for complete listing of items)

Accompaniments: Roasted Fresh Cauliflower, Squash & Spinach (v), Red Skinned Mashed Potatoes (v), French Fries, Vegetable Couscous (v), Beef Gravy.

Salad Bar: Wide Selection of Fresh Fruits (cut up & whole), Vegetables, Yogurts.

Dessert: (Fresh from our On-Campus Bakery):
Plain Cheesecake (v), Fruits of the Forest Pie (v)

Variety of Hot & Cold Beverages including Juices and Waters

*(v) = vegetarian (may contain dairy or eggs)*

Marano Campus Center Dining

**Palates:** 10:30 am – 2:30 pm, lower level
The Crossroads: 7:45 am – 7:30 pm, the main level
The Cutting Board: 10:30 am – 2:30 pm, lower level
Laker Express Market: 10:30 am – 2:30 pm, lower level

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**Our Campus is Your Campus**

Although the formal program ends at 4:30 pm, feel free to stay on campus to visit our other facilities:

**Athletic Facilities**
Laker Hall & Lee Hall

**Marano Campus Center College Store**
(open from 9 am – 5 pm)

**Penfield Library**
(open from 7:45 am – 11 pm)

**Art Gallery**
Bachelor of Fine Arts Exhibit
(open from 10 am – 4 pm)

Located on the second floor of Penfield Library

**Rice Creek Field Station**
Learn about SUNY Oswego’s unique living laboratory for field studies at Oswego.edu/ricecreek
Located just south of the main campus on Thompson Road. Stop at check in for details & directions.
(open from 9 am – 4:30 pm)

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**MONDAY**
April 18, 2016
11:00 am – 4:30 pm
Welcome to SUNY Oswego’s 2016 Admitted Student Day!

SCHEDULE OF EVENTS

11 am*

Campus Tours
Depart from Marano Campus Center, Arena Floor
A student-guided tour which includes stops at a residence hall and academic buildings.
* Tours go out every 10 minutes starting at 11 am on a limited basis and are offered again at 3:15 pm.

If you are interested in paying your deposit at this event, Admissions Office staff will be available to assist you at check-in. Financial Aid counselors will be available for the duration of the event on the upper concourse.

11 am – 12:30 pm

Registration, Information Fair and Refreshments
Marano Campus Center, Arena Concourse & Arena Floor

Check in and mingle with students and staff.

In addition to the Office of Admissions, representatives from the following offices will also be available (subject to change):
• Athletics (intercollegiate)
• Auxiliary Services - Dining Services and College Stores
• Campus Life
• Campus Recreation
• Career Services
• Collegiate Science and Technology Entry Program (CSTEP)
• Community Service
• Disability Support Services
• Experiential Learning (co-ops, internships & community based learning)
• First Year Programs
• Future Alumni Network (FANs)
• General Education
• Honors Program
• International Education (study abroad)
• Office of Learning Services (tutoring)
• Orientation
• Penfield Library
• Residence Life & Housing
• Rice Creek Field Station
• ROTC (Air Force & Army)
• Transfer Services
• Plus many student clubs & organizations

12:30 – 1 pm

Welcome
Marano Campus Center, Arena Floor

Academic Information Fair
Marano Campus Center, Arena Floor
Faculty and staff from the following majors will be available to answer your questions.
• College of Liberal Arts and Sciences
• School of Business
• School of Education
• Undeclared & Major Exploration

Welcome Marano Campus Center, Arena Floor

If you are interested in paying your deposit at this event, Admissions Office staff will be available to assist you at check-in. Financial Aid counselors will be available for the duration of the event on the upper concourse.

2 – 3 pm

Student Services Presentations
Marano Campus Center, various locations
Choose TWO of the following four presentations:
• Your Next Step / 2pm & 2:30pm
Marano Campus Center, Room 114
Information on First Year Programs, Orientation & Opening Weekend

• Residence Life & Housing / 2pm & 2:30pm
Marano Campus Center, Room 201
Hear about your living & learning opportunities on campus.

• Student Q & A Panel / 2pm
Marano Campus Center, Room 133
Ask current students your questions. Please note: This panel is intended for students only.

• Transfer Q & A / 2:30pm
Marano Campus Center, Room 205
Speak with a Transfer Counselor about your next steps as a transfer student.

3:15 – 4:30 pm

Campus Tour
Depart from Marano Campus Center, Arena Floor
A student-guided tour which includes stops at a residence hall and academic buildings.

Shuttle Bus Service
10 am until 5 pm between Romney Parking Lot and the Marano Campus Center. Use buses marked “Onondaga Coach”

Refreshments will be available throughout the day in the Marano Campus Center Arena Concourse.