

## Dining Center Menus

Meals can be purchased in any dining hall during the day (cash or check only) or at check in from 11 am to 2 pm (cash, check or credit) for all you care to eat for \$5.99 per person.

**Lunch** Lakeside Dining Center 11 am – 1:30 pm Cooper Dining Center (11 am – 3 pm) The best time to dine is 11 am – 12:15 pm, or after 1 pm.

**Soup:** Three Bean Chili (v), Homemade Chicken Rice Soup

**Entrée:** Cheeseburger Wrap, Coconut Curried Vegetables (v) Classic Chicken Curry, Chik Nuggets, Sweet Potato Crinkle Cut French Fries, Basmati Rice (v), Naan Flatbread, Broccoli & Tomato Salad (v), Macaroni Tuna Salad, Pasta - Sauce and Vegetables

**The Deli:** Sliced Ham, Turkey Breast, and Tofurky Deli Slices (v), Tuna, Egg and Chicken Salads, Hummus (v), Large Variety of Cheeses (including Soy American (v)), Lettuce, Tomato, and Variety of Other Toppings Choose from a Variety of Breads & Wraps (Wheat or White) and Kaiser Rolls

**Salad Bar:** Wide Selection of Fresh Fruits (Cut up and whole), Vegetables, Yogurts

**Dessert: Fresh from our On-Campus Bakery:** Toffee Crunch Brownies Cinnamon Sugar Cookies **Variety of Hot and Cold Beverages (Including Juices and Waters)**

**LITE BITE:** Lakeside Dining Center 1:30 pm – 3 pm

Selection of Fresh Fruit, Yogurt, Salad, Cereals, Desserts, Hot & Cold Beverages

**DINNER** Lakeside and Cooper Dining Centers 4:30 pm – 7 pm

**Soup:** Three Bean Chili (v), Homemade Chicken Rice Soup

**Entrees:** Mexican Rice Bowl (v), St. Louis Style Ribs, Pesto Tofu & Mushroom Saute Made to Order Pizza and Deli (see Lunch for complete listing of items)

**Accompaniments:** Corn (v), Fresh Salt Potatoes, Homemade Queso, Corn Muffins

**Salad Bar:** Wide Selection of Fresh Fruits (Cut up and whole), Vegetables, Yogurts

**Dessert: Fresh from our On-Campus Bakery:** Vanilla Cupcakes, Vegan Vanilla Cupcakes (v), Chocolate Chip Cake,

Variety of Hot and Cold Beverages (Including Juices and Waters)

Green Font = Vegetarian (No meat, fish or gelatin. May contain dairy or egg products)(v) = Vegan (no animal products, including honey) Black fonts = contains animal products, or may come into contact in fryer

### Marano Campus Center Dining

Palates: 10:30 am – 2:30 pm, lower level

The Crossroads: 7:45 am – 7:30 pm, main level

The Cutting Board: 10:30 am – 2:30 pm, lower level

Laker Express Market: 10:30 am – 2:30 pm, lower level



## Our Campus is Your Campus

Although the formal program ends at 4 pm, feel free to stay on campus to visit our other facilities:

**Athletic Facilities**  
Laker Hall & Lee Hall

**Marano Campus Center College Store**  
(open from 9 am – 5 pm)

**Penfield Library**  
(open from 7:45 am – 12 am)

**Rice Creek Field Station**  
Learn about SUNY Oswego's unique living laboratory for field studies at [oswego.edu/ricecreek](http://oswego.edu/ricecreek)  
Located just south of the main campus on Thompson Road. Stop at check in for details and directions.  
(open from 9 am – 4:30 pm)



## Spring OPEN HOUSE



Monday • May 1, 2017

11:00 am – 4:00 pm



# Welcome to SUNY Oswego's 2017 Spring Open House SCHEDULE OF EVENTS

11 am\*

## Campus Tours

Depart from Marano Campus Center, Arena Floor

A student-guided tour which includes stops at a residence hall and academic buildings.

\*Tours will only be offered on a limited basis starting at 11 am and will be offered again at 3 pm.

11 am – 1 pm

## Registration, Information Fair and Refreshments

Marano Campus Center, Arena

*Check in and mingle with students, faculty and staff.*

In addition to the Office of Admissions, representatives from the following offices will also be available (subject to change):

- Auxiliary Services - Dining Services and College Stores
- Campus Life
- Campus Recreation
- Career Services
- Center for Experiential Learning (internships, co-ops and community based programs)
- Community Service
- Educational Opportunity Program (EOP)
- Disability Support Services
- Financial Aid
- Honors Program
- Intercollegiate Athletics
- International Education (study abroad)
- NYS University Police - Oswego

- Oswego Alumni Association
- Office of Learning Services (tutoring)
- Penfield Library
- Residence Life & Housing
- Rice Creek Field Station
- Transfer Services

1 – 2 pm

## Welcome and Admissions Presentation

Marano Campus Center, Arena Floor

2 - 2:30 and 2:30-3 pm

## Student Services Presentations

Marano Campus Center, various locations

The presentations are offered at 2-2:30 pm and 2:30-3 pm.

*Choose TWO of the following four presentations:*

### • First Year Programs

Room 114

*An overview of advisement and academic programs to ease the high school to college transition.*

### • Residence Life & Housing and Dining Services

Room 132

### • Financial Aid

Room 201

### • Transfer Presentation

Room 205

### • Dream On. No, Seriously!

Room 133

*You want a great job after graduation. Perhaps you have a dream career in mind. Career Services will show you what type of candidates employers are looking to hire based on today's job market – and how to get there.*

3 – 4:30 pm

## Campus Tour

Depart from Marano Campus Center, Arena Floor

A student-guided tour which includes stops at a residence hall and academic buildings.



## Shuttle Bus Service

*10 am until 5 pm between Romney Parking Lot and the Marano Campus Center. Use buses marked "Onondaga Coach"*

*Refreshments will be available throughout the day in the Marano Campus Center, Arena Concourse.*