

## Dining Center Menus

Meals can be purchased in any dining hall during the day (cash or check only) or at check in from 11 am to 2 pm (cash, check or credit) for all you care to eat for \$5.99 per person.

**Lunch** Lakeside Dining Center 11 a.m. – 1:30 p.m.  
Cooper Dining Center (11 a.m. – 3 p.m.) The best time to dine is 11 a.m. – 12:15 p.m., or after 1 p.m.

**Soup:** Homemade Crab & Spinach Bisque,  
Spring Vegetable Soup (v)

**Entrée:** Chicken Breast Tenders, Shrimp Skewers, Quinoa & Black Beans (v), Whole Grain Macaroni & Cheese Casserole Δ, Cilantro Couscous (v), Farro, Apple, & Pecan Salad (v), Tomato & Mozzarella Salad Δ, Pasta - Sauce and Vegetables Δ

**The Deli:** Sliced Ham, Turkey Breast, and Tofurky Deli Slices (v), Tuna, Egg and Chicken Salads, Hummus, Large Variety of Cheeses (including Soy American (v)), Lettuce, Tomato, and Other Toppings. Choose from a Variety of Breads, Wraps, Rolls (Wheat or White)

**Salad Bar:** Wide Selection of Fresh Fruits (Cut up and whole), Vegetables, Yogurts

**Dessert:** Twix Cookie Bar Δ, Chocolate Chip Cookies Δ, Vegan Chocolate Chip Cookies (v)

**Variety of Hot and Cold Beverages (Including Juices and Waters)**

**LITE BITE:** Lakeside Dining Center 1:30 p.m. – 3 p.m.

Selection of Fresh Fruit, Yogurt, Salad, Deli, Cereals, Desserts, Hot & Cold Beverages

**DINNER** Lakeside and Cooper Dining Centers (4:30 p.m. – 7 p.m.)

**Soup:** Homemade Crab & Spinach Bisque, Spring Vegetable Soup (v)

**Entrees:** Chicken Gyro, Homemade Falafel (v), Salmon Burger, Caprese Stuffed Portobello Δ, Made to Order Pizza and Deli (see Lunch for complete listing of items)

**Accompaniments:** Sautéed Zucchini & Red Peppers w/Corn (v), Crinkle Chips, Baklava, Homemade Tzatziki Sauce Δ, Sweet Chili Mayo Δ

**Salad Bar:** Wide Selection of Fresh Fruits (Cut up and whole), Vegetables, Yogurts

**Dessert:** Fresh from our On-Campus Bakery: Rocky Road Pie, Apple Pie Cake Δ

**Variety of Hot and Cold Beverages (Including Juices and Waters)**

Δ = Vegetarian (No meat, fish or gelatin. May contain dairy or egg products)

(v) = Vegan (no animal products, including honey)

### Marano Campus Center Dining

Palates: 10:30 a.m. – 2:30 p.m., lower level

The Crossroads: 7:45 a.m. – 7:30 p.m., main level

The Cutting Board: 10:30 a.m. – 2:30 p.m., lower level

Laker Express Market: 10:30 a.m. – 2:30 p.m., lower level



## Our Campus is Your Campus

Although the formal program ends at 4 pm, feel free to stay on campus to visit our other facilities:

### Athletic Facilities

Laker Hall & Lee Hall

### Marano Campus Center College Store

(open from 9 a.m. – 5 p.m.)

### Penfield Library

(open from 7:45 a.m. – 12 a.m.)

### Rice Creek Field Station

Learn about SUNY Oswego's unique living laboratory for field studies at [oswego.edu/ricecreek](http://oswego.edu/ricecreek)  
Located just south of the main campus on Thompson Road. Stop at check in for details and directions.  
(open from 9 a.m. – 4:30 p.m.)



# Spring OPEN HOUSE



Monday • April 27, 2018

11:00 a.m. – 4:00 p.m.



# Welcome to

## SUNY Oswego's 2017 Spring Open House

### SCHEDULE OF EVENTS

**11 a.m.\***

#### **Campus Tours**

Depart from Marano Campus Center, Arena Floor  
A student-guided tour which includes stops at a residence hall and academic buildings.

\*Tours will only be offered on a limited basis starting at 11 a.m. and will be offered again at 3 p.m.

**11 a.m. – 1 p.m.**

#### **Registration, Information Fair and Refreshments**

Marano Campus Center, Arena

*Check in and mingle with students and staff.*

In addition to the Office of Admissions, representatives from the following offices will also be available (subject to change):

- Auxiliary Services - Dining Services and College Stores
- Campus Life
- Campus Recreation
- Career Services
- Center for Experiential Learning (internships, co-ops and community based programs)
- Community Service
- Educational Opportunity Program (EOP)
- Disability Support Services
- Financial Aid
- Honors Program

- Intercollegiate Athletics
- International Education (study abroad)
- NYS University Police - Oswego
- Oswego Alumni Association
- Office of Learning Services (tutoring)
- Penfield Library
- Residence Life & Housing
- Rice Creek Field Station
- Transfer Services

**1 – 2 p.m.**

#### **Welcome and Admissions Presentation**

Marano Campus Center, Arena Floor

**2 – 2:30 p.m. & 2:30 – 3 p.m.**

#### **Student Services Presentations**

Marano Campus Center, various locations

The presentations are offered at 2-2:30 & 2:30-3 p.m.

*Choose TWO of the following four presentations:*

- **First Year Programs**  
*An overview of advisement and academic programs to ease the high school to college transition.*
- **Residence Life & Housing and Dining Services**
- **Financial Aid**
- **Dream On. No, Seriously!**  
*You want a great job after graduation. Perhaps you have a dream career in mind. Career Services will show you what type of candidates employers are looking to hire based on today's job market—and how to get there.*

**3 p.m.**

#### **Campus Tour**

Depart from Marano Campus Center, Arena Floor

A student-guided tour which includes stops at a residence hall and academic buildings.



*Refreshments will be available throughout the day in the Marano Campus Center, Arena Concourse.*