

Job Description

Position: Group Exercise Instructor

Overall Responsibility: Instruct a safe, fun and motivating exercise class.

Job Duties and Responsibilities:

- Be prompt and prepared to teach your assigned class
- If unable to instruct a scheduled class, take the appropriate steps to find a substitute
- Maintain care and cleanliness of the exercise area, stereo and microphone systems and articles associated with group exercise classes
- Consistent enforcement of Fitness Center's policies and procedures
- Attendance at all staff meetings and training
- Provide assistance to all members in a helpful manner to insure safety and effectiveness in Fitness Center procedure
- Assist with the delivery with special aerobic events
- Communicate regularly with the management of the Fitness Centers and provide assistance when it is requested

Qualifications:

- Must maintain and overall 2.0 GPA
- Successful completion of instructor training course
- Strong interpersonal and customer service skills
- Respectable, responsible and a positive role model
- Personal commitment to wellness and fitness
- CPR certification (will be offered through Fitness Center)

Performance Appraisals:

Feedback will be ongoing. If a situation arises that needs attention it will be addressed promptly and a time line for desired change will be established. Half way through the semester, all instructors will be formally evaluated.

Wage:

The rate of pay is 9.50 an hour and free membership to the Fitness Centers