

Toilet Talk

Words to whiz by... "I don't understand why Cupid was chosen to represent Valentine's Day. When I think about romance, the last thing on my mind is a short, chubby toddler coming at me with a weapon."

~Author Unknown

Feb. 9, 2007

Did You Know...

*Nearly 50% of all Valentines Day cards are purchased in the six days prior to the observance.

*Annually 2.2 million marriages take place in the United States. That breaks down to more than 6,000 a day.

"Who Needs a Heart When a Heart Can be Broken?"

-A relationship is unhealthy when it involves disrespectful, controlling, or abusive behavior.

-For people who have grown up around this behavior it can seem normal or okay.

-To figure out if you are in an unhealthy relationship, ask yourself, does my partner:

*Try to control me?

*Make me feel bad about myself?

*Isolate me from the rest of the world?

*Harm me physically or sexually?

If so, it is time to get out! Inform someone you trust, or contact the Counseling Services Center at x4416.

"What's Love Got to Do with It?"

The following are characteristics of a healthy relationship. If you are in a relationship take a step back and make sure it contains these qualities:

- Mutual respect
- Trust
- Honesty
- Support
- Fairness/Equality
- Separate identities
- Good communication

*The estimated US median age for men to get married at is 25.8 years of age. It is 27.4 years of age for women.

Answer to Last Week's Question:

180 million Valentine's Day cards are exchanged annually, making Valentine's Day the second most popular greeting card-giving occasion.

Some romantic sounding places

- *Valentine, NE
- *Loveland, CO
- *Loves Park, IL
- *Love Valley, NC
- *Lovelady, TX
- *Loving County, TX
- *Lovington, NM
- *Romeoville, IL
- *Lovelock, NV

Question of the Week:

Who was the first African American to play major league baseball?

Event of the Week:

Sober Chillin' 2007
Thursday, February 15 from 7-8:30pm
in Penfield Library's Lake Effect Cafe.
Music by the Oswego Jazz Project.
Students, faculty and staff can enter to win door prizes including Visa gift cards.
For more info. visit the Lifestyles Center website.

Toilet Talk Back

Questions? Comments? Suggestions?
Get Involved. Give us a call! 312-5648
Or email lifestyle@oswego.edu

The History of Valentine's Day

The history of Valentine's Day (and its Patron Saint) has been shrouded in mystery. But we do know that February has long been a month of romance.

One legend contends that Valentine was a priest who served during the third century in Rome.

When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men.

Valentine defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

According to the legend, Valentine actually sent the first "Valentine" greeting himself. While in prison, it is believed that Valentine fell in love with a young girl (who may have been his jailor's daughter) who visited him during his confinement. Before his death, it is alleged that he wrote her a letter, which he signed "From your Valentine," an expression that is still in use today.

Grooves & Grinds



Feb. 15
Hewitt Union
Main Lounge
Sexual
Responsibility
Condom
Decathlon
9-11pm

Good Gifts

Looking for something to give that special someone this Valentine's Day? You could give the usual flowers, jewelry, chocolates or candy, stuffed animals and cards. Or you could do something different. This year, try making your own card expressing how you feel towards your special someone instead of buying one. Get him or her a gift certificate to get a massage, or sign you and your partner up for dancing lessons. And nothing says romance more than a dinner served by candle light.

Lifestyles
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Sponsored by the Lifestyles Center. Toilet Talk is brought to you by Graduate Assistant Tony Schepis, and Students Erica Cramer, Kadienne Francis, Jessica Leslie, Phil Sconzert and Aaron Vernon.