

What is Plagiarism?

- To steal and pass off the ideas or words of another as one's own
- To use another's work without crediting the source
- To commit literary theft
- To present an idea or product derived from an existing source as new and original

What is Considered Plagiarism?

- Turning in someone else's work as your own
- Copying words or ideas from someone else without giving credit
- Failing to put a quotation in quotation marks
- Giving incorrect information about the source of a quotation
- *Most plagiarism can be avoided by citing sources!

What is Cheating?

- Giving or receiving information during an exam
- Using unauthorized material during an exam
- Taking an exam or writing a paper for another student
- Misrepresenting or fabricating written work, sources, research or results

Why Do People Cheat?

- They can't get everything done that needs to get done
- They fear embarrassment of failure
- They think everyone else cheats

Think Twice Before You Cheat!

- Academic penalties may include reduced or failing grades for the assignment and even a failing grade in the course
- Suspension or expulsion from the college may occur

Lifestyles

AFTER DARK

Free coffee every Thursday!
Lake Effect Cafe,
7pm

Toilet Talk

February 4, 2011

Hit the Books...Before They Hit You!

Did You Know...

...Disability Services on campus offers accommodations such as note-taking assistance, extended time for testing and special classroom seating?

...websites such as www.turnitin.com allow professors to check whether or not their students have handed in a paper that has been plagiarized?

...the majority of cheating instances occur in math and science courses?

...according to a Psychological Record survey, 64% of undergraduates said they have never plagiarized a document in the past?

...in a study made by The Center for Academic Integrity, it was found that nearly 80% of college students have cheated at least once?

...borrowing generously from your own previous work and handing it in again is a form of plagiarism known as "the self-stealer?"

Easy tip on Living Laker Green:

Make the most of how you're heating your home. Check for drafts and seal them off. Make sure you don't have furniture or drapes blocking radiators or heating vents, trapping their output. With a little rearranging, you may be able to lower the thermostat a degree or two.

Question of the Week:

How many cards are sold annually for Valentine's Day?

Events of the Week:

Saturday, February 5th: Workshop: GMAT Cram Course. SUNY Oswego Metro Center, Syracuse. 9am-4pm.

Monday, February 7th: International Coffee Hour. 255 Campus Center, 3:30-5pm.

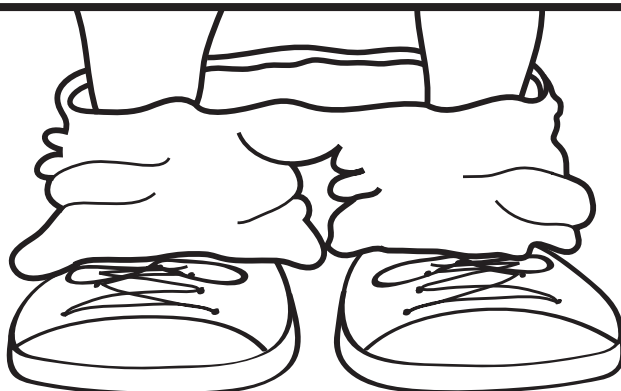
Thursday, February 10th: Movie: "Due Date." Auditorium, Room 132 Campus Center, 10pm-11:55pm.

Friday, February 11th: Theatre Performance: "Gross Indecency: The Three Trials of Oscar Wilde." Hewitt Union Ballroom,

Questions? Comments? Suggestions? Get Involved.
Give us a call! 312-5648 Or email
lifestyle@oswego.edu

Toilet Talk Back

Download Toilet Talk online! Visit
www.oswego.edu/lifestyles and Click on
the Toilet Talk link.



Words to whiz by...

"Better three hours too soon, than one minute too late."

-William Shakespeare

Manage Your Time

-Create a Semester Schedule: Record known class assignments including tests, projects and papers as well as all co-curricular activities

-Assess and Plan Your Work Load Each Week:

Make a list of what you have to accomplish during the coming week

-Adjust Your Plan Each Day: Write out a daily schedule at the beginning of each day and include uncompleted tasks from the previous day

**Don't forget to exercise regularly! It is essential for superior academic performance!

Note-Taking Skills

-Get Organized- Keep all your notes in one place

-Sequence is important- Begin every lecture on a new page and label it with the date

-Bullet point every topic

-Make a note of unfamiliar words so you can look them up later

-Leave spaces in between notes for future questions and comments

-Make your notes brief but make sure you understand what you wrote

Resources

-Disability Services: 155 Campus Center, 312-3358

-The Office of Learning Services Tutoring Center offers walk-in math & writing centers in addition to getting regular tutoring. For more information, go to P106 Campus Center or call 312-2571

Lifestyles

Walker Health Center
SUNY Oswego
(315) 312-5648
lifestyle@oswego.edu

Sponsored by the Lifestyles Center. Toilet Talk is brought to you by Graduate Assistant Sara D'Addesio, Intern Mary Hankin and Peer Educators Veronica Kelly, Audrey Hinnant, Erin Marulli, Willmary Rose and Tamara Tingman.

Sources available upon request.
Watch for our ads on WTOF and digital signage!