

## Definitions

- **Sexting:** Sending or forwarding nude, sexually suggestive, or explicit pics on your cell phone or online.

- **Constant messaging:** Constantly texting, IM'ing, or emailing a friend, boyfriend/girlfriend, frenemy, or anyone to keep tabs on or harass them.

- **Spying:** Sneaking peeks at others' text message or call history, breaking into a friend or boyfriend/girlfriend's inbox, or even digitally stalking them.

- **Digital disrespect:** Spreading negative or embarrassing dirt (true, untrue or unknown, via text, pic or video) about someone behind their back or to their face.

- **Cruelty:** Using digital platforms to intentionally make other people's lives miserable. Ex: blackmail (making demands in exchange for not revealing something embarrassing or damaging about the victim).

## Song of the Week:

"True to Myself" by Karina Pasian.



GROOVES & GRINDS

Card-board Boat Races.  
Thursday, April 8th  
8p.m.  
Lee Hall Pool.

# Toilet Talk

April 2, 2010

## To Sext or Not to Sext? DON'T! Did You Know...

...More than half of people who share a sext, share it with multiple people.

...Nearly 1 in 5 sext recipients have passed the sext along to someone else.

...22% of young people feel like their significant other checks up on them too often.

...17% of young people have been threatened or manipulated online or via text.

## Answer to Last Week's Question:

According to the Pew Research Center's Internet & American Life Project, 15% of cell-owning teens ages 12-17 say they have received sexually suggestive nude or nearly nude images of someone they know via text message.

## Easy Tip on Living Laker Green:

Now that the weather is getting warmer, exercising outside is an alternative to going to the gym. It can save electricity and it is much more refreshing than working out indoors.

## Question of the Week:

In 2008, how many people died in drunk driving crashes involving a driver with an illegal BAC (.08 or greater)?

## Events of the Week:

**Friday, April 2nd:** Movie: Youth in Revolt. 7pm & 10pm. Campus Center Auditorium. \$1.

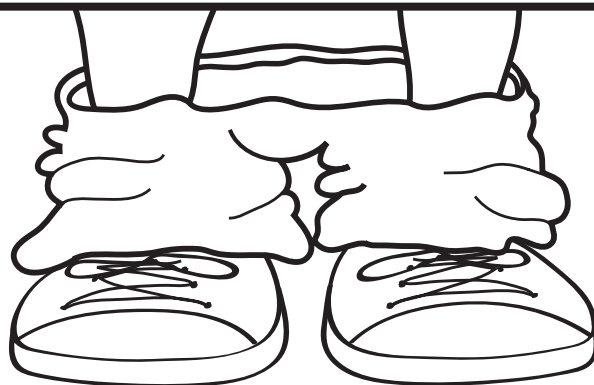
**Tuesday, April 6th:** Open Mic Poetry Reading. 7pm-9pm. Campus Center 114. FREE!

**Wednesday, April 7th:** Concert: Big Band and Latin Jazz. 7:30pm-9:30pm. Sheldon Hall Ballroom. \$5 for students.

Questions? Comments? Suggestions? Get Involved. Give us a call! 312-5648 Or email [lifestyle@oswego.edu](mailto:lifestyle@oswego.edu)

Toilet Talk Back

Download Toilet Talk online! Visit [www.oswego.edu/lifestyles](http://www.oswego.edu/lifestyles) and Click on the Toilet Talk link.



## Words to whiz by...

"Love can sometimes be magic. But magic can sometimes...just be an illusion."

-Javan

## Reasons NOT to SEXT

- Social humiliation: The sext ends up on your bf/gf's phone, their friend's phone/inbox, leading to everyone's phone/inbox.

- You may get rejected by a person you like because the girl/guy you really want to go out with thinks you send naked pictures of yourself to everyone.

- You may get rejected by a job or internship.

- Can face punishment by your school, parents, and even the law if the people involved are under 18.

## Lame Sexual Pressures

- "If you love me, you'll have sex with me."

- "Making love will only make our love stronger."

- "You're looking good. Let me show you how to feel good, too."

## Lifestyles

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Sponsored by the Lifestyles Center. Toilet Talk is brought to you by Graduate Assistant Jenna Bernardelli, Intern Chris McPherson and Peer Educators Brianna Daley, Deanna Drexler, Chelsea Giaraffa, Mary Hankin and Jessica Raghunanan.

Sources available upon request.

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