

Top 5 Online Dating Websites in 2009

- Match.com
- Chemistry.com
- Perfectmatch.com
- Yahoopersonals.com
- eharmony.com

Tips to Create a Safe Online Profile

- Don't post personal information (phone #, address, etc.)
- Set your profile to private so that people can only view your profile if you have approved them as a friend.
- Don't post photos with school names, locations, license plates, or signs.

Types of Internet Crimes

- ..Accessing- entering a network which is intended to be private.
- ..Defacing- changing the content of another person's website.
- ..Hijacking- redirecting elsewhere anyone trying to access a particular website.
- ..Bombing- overwhelming a site with countless messages to slow down or even crash the server.



Karaoke!
Thursday,
Nov. 12th
8p.m.-12a.m.
Campus
Center Food
Activity Court

GROOVES & GRINDS

Toilet Talk

November 6, 2009

Have no fear Internet safety guidelines are here!

Did You Know...

- ...10% of members that pay for dating services stay on for less than three months.
- ...The median age for Twitter is 31 years old.
- ...30% of women who met men online had sex on their first date, with 77% not using a condom.
- ...3% of Internet users who are married or in long term relationships met online, which is approximately 3 million people.

Answer to Last Week's Question: The median age of Facebook users is up from 26 years old to 33 since May 2008.

Easy Tip on Living Laker Green: Are you still buying disposable plastic pens? Switch to a reusable pen and all you'll need to replace are the refills. It's a much more elegant, environmentally friendly option.

Question of the Week: Where does the most common form of violence take place?

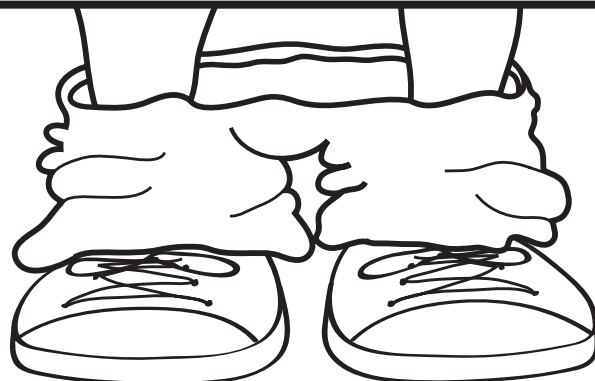
Events of the Week:

- Friday, Nov. 6th-7th: SAPB Film Series Presents :The Ugly Truth! 7p.m. & 10p.m. in Campus Center room 118. Cost is \$1.
- Tuesday, Nov. 10th: CSA's General Meeting " The Education & Career System in the Caribbean" Campus Center room 220 at 7p.m.
- Friday, Nov. 13th: If you found a stuffed "microbe" on campus, this is the deadline to bring it to the Lifestyles Center, receive a prize pack and be entered to win \$100!

Questions? Comments? Suggestions? Get Involved.
Give us a call! 312-5648 Or email
lifestyle@oswego.edu



Download Toilet Talk online! Visit
www.oswego.edu/lifestyles and Click on
the Toilet Talk link.



Words to whiz by...

"In the end, we conserve what we love, we love only what we understand. We will understand only what we are taught."

-Baba Dium

Online Dangers

- Remember internet chatrooms are naturally attractive to pedophiles and pornographers.
- They pretend to be fellow teens.
- In recent years, youth have been abducted, raped and killed by strangers met online.
- Software companies have begun to develop programs so parents can view every e-mail, instant message, chat and website visited on their computers.

Facebook Dangers

- Posting sketchy pictures on Facebook could effect your:
- College and grad school admissions
- Job applications
- And lead to:
- Legal reproussions
- Child pornography charges



Walker Health Center
SUNY Oswego
(315) 312-5648
lifestyle@oswego.edu

Sponsored by the Lifestyles Center. Toilet Talk is brought to you by Graduate Assistants Jenna Bernardelli and Michael Hotchkiss, Intern Danielle Hawley and Peer Educators Dawn-Marie Allen-Kent, Jeanelle Colon, Charlene Irving, Chanel Lindsay, Jessica Raghunanan and Amirah Wint. Sources available upon request.

Watch for our ads on WTOP and digital signage!