

## What is Gambling?

-Gambling is the wagering of money or something of material value (the stake) on an event with an uncertain outcome. The primary intent is the winning of additional money and/or material goods. Typically, the outcome of the wager is evident within a short period of time.

Also known as the act of playing for stakes in the hope of winning.

-There are many ways to gamble including casino games, lottery tickets, card games, sports betting, internet gambling or playing games of skill, such as pool.  
-Once a bet is made, it can not be reversed.

## Sports Gambling

-According to an ESPN survey in 2008, about 118 million Americans have gambled on sports.

-About 67% of college students bet on sports.

-Sports betting is second in popularity behind poker among college students.

-Half of American adults bet on the Super Bowl.

-Other popular events that are regularly bet upon in the U.S. include the Stanley Cup, the World Cup, the Olympics, college basketball and the World Series.

## Raffles vs. Gambling

-Only non-profit organizations may conduct raffles. This includes religious, veterans or other non-profit organizations.

-The determining factor in whether an activity is a raffle or a drawing is whether the participants must do or give something of value to enter. If something of value must be given, it's a raffle. If not, it's a drawing.

**Lifestyles**  
AFTER DARK

Free coffee every Thursday 7 p.m. in the Lake Effect Cafe.

# Toilet Talk

March 25, 2011

## No You Can't Read My Poker Face

### Did You Know...

...85% of U.S. adults have gambled at least once in their lifetime and about 2% to 3% are problem gamblers?

...Legal gambling is available in 48 states; Hawaii and Utah are the only exceptions?

...37 states now have lotteries?

...Since 1975, the gambling industry has grown tenfold in the United States?

...A survey of Gamblers Anonymous in the U.S. found that 48% had considered suicide and 13% had attempted it?

...On average, addicted gamblers have a direct impact on the lives of 12 other people?

...Violent crimes are 10% higher in casino counties?

...Gambling occurs at a higher percentage in higher income households?

...Two-thirds of the adult population placed some kind of bet last year?

### Easy tip on Living Laker Green:

Go paperless! Go to your bank's official website and sign up to stop your mailbox from getting filled with bank statements!

### Answer to Last Week's Question:

The general rule of thumb is that you receive over 50% and under 66% of your lottery winnings.

### Question of the Week:

What 10 foods are good stress soothers?

### Events of the Week:

-Wednesday, March 30th: 3rd Annual International Day Celebration. Campus Center Arena, 3:30-6:30 p.m. There will be music, dance, food, and sun! Any questions e-mail [lizette.alvarado@oswego.edu](mailto:lizette.alvarado@oswego.edu).

-Thursday, March 31st: Career & Internship Fair. Swetman Gym from 4 p.m.-6 p.m. FREE!

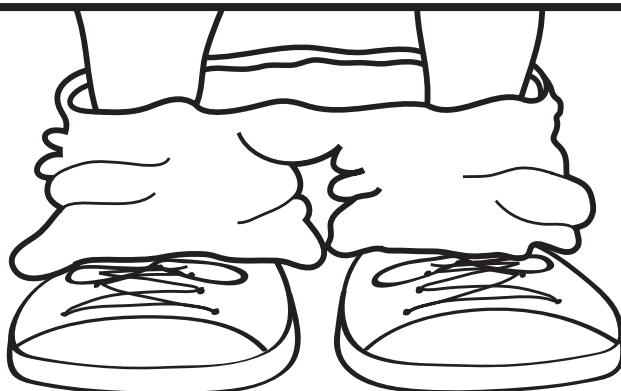
-Friday and Saturday, April 1st and 2nd: Theatre performance to "Grease." Waterman Theatre from 8 p.m.-10 p.m. Students \$7, faculty/staff \$12, and regular admission \$15.

-Tuesday, April 5th: Rachel's Challenge. Sheldon Hall Ballroom, 7pm. Free tickets available at Campus Center box office.

Questions? Comments? Suggestions? Get Involved.  
Give us a call! 312-5648 Or email [lifestyle@oswego.edu](mailto:lifestyle@oswego.edu)

Toilet Talk Back

Download Toilet Talk online! Visit [www.oswego.edu/lifestyles](http://www.oswego.edu/lifestyles) and Click on the Toilet Talk link.



## Words to whiz by...

"The safest way to double your money is to fold it over once and put it in your pocket."

-Kin Hubbard

## Casinos

-Casino games include black jack, poker, slot machines, keno, roulette, baccarat and craps.

-A casino game is the pursuit or activity in which one may gamble cash or property on possible choices and probable outcomes.

-Casino games are broken up into 3 different categories: table games, gaming machines and random number games.

-Most casinos do not have clocks.

-Commercial Casino: A private-sector establishment that offers games of chance and is regulated and taxed by the state in which it is located.

## Consequences of Gambling

-Problem gambling can strain relationships, interfere with responsibilities at home and at work, and lead to financial catastrophe.

-Symptoms that someone may be a problem gambler include feeling the need to be secretive, having trouble controlling gambling habits, gambling even when you don't have the money and having family and friends worry about you.

-Once gambling begins, it may become challenging to walk away.

## Resources

-The National Council of Problem Gambling: 24 hour confidential hotline: 1-800-522-4700  
-SUNY Oswego Counseling Center: M-F 8:30 a.m.-4:30 p.m. (315)312-4416

**Lifestyles**  
Walker Health Center  
SUNY Oswego  
(315) 312-5648  
[lifestyle@oswego.edu](mailto:lifestyle@oswego.edu)

Sponsored by the Lifestyles Center. Toilet Talk is brought to you by Graduate Assistant Sara D'Addesio, Intern Mary Hankin and Peer Educators Veronica Kelly, Audrey Hinnant, Erin Marulli, Willmary Rose and Tamara Tingman.

Sources available upon request.  
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