Six men and one woman took part in the sixth annual Oswego State Sprint Triathlon this past weekend.

The event saw participants trying their hand at the swimming, running, and biking portions of the event for a challenging but fun spring workout.

Tom Bodnar closed out the win in the men's division finishing with a total time of 1:14:26 after a 750m swim, a 20K bike ride, and a 5K run. In second place was Joshua Caples who finished with a time of 1:17:19 and in third was Christopher Timmons who ended with a time of 1:21:10.

Chelsea Smith also participated in the women's beginner sprint, and finished with a time of 1:01:14 in the beginner lengths of the three events which were half the length of the expert events.

The participants also got to measure their abilities in each individual event. In the swim, the best time was posted by Benjamin Palais who completed the 750m swim in an impressive 10 minutes and 52 seconds, while Caples placed second at 12:04.

In the biking portion, all the participants finished within two minute of one another, but the fastest was Mike Burke who completed the portion in 41 minutes and 3 seconds, while Caples finished exactly one minute later.

In the 5K run, Bodnar took control, breezing by the competition in 18 minutes and 20 seconds to pick up the overall win. Behind him were Caples, Timmons, and Burke who finished at 23:12, 23:34, and 23:35 respectively.

Transition times between the events were not calculated, but the events were all done back-to-back. Volunteers who helped out in the event counted out laps during the swim and running portions and shouted out positive encouragement to the athletes.

Medals were handed out to participants, and each person who participated was given an intramural championship T-shirt.

“I think that this is an event that Campus Recreation will definitely want to continue on with,” said Graduate Assistant of Special Events Danielle Meyer. “Even though there were only seven participants the event was still highly successful.”