Fitness Center Tops Campus Recreation in Broomball Matchup  
Monday, February 4, 2013

The SUNY Oswego Fitness Center staff defeated Campus Recreation 2-0 in a staff broomball matchup on January 29th, to maintain possession of the heralded Rec-Fit cup.

The game marked the first contest of the semester between Campus Recreation and the SUNY Oswego Fitness Center employees,

The Rec-Fit championship was established four years ago, as the brainchild between Fitness Center manager Brian Wallace, and Assistant Director of Campus Recreation Scott Harrison, as a means to establish a series of friendly competition between the two organizations that promote health and physical fitness on campus.

Over the years, the two staffs have gone at it in several intramural and special event competitions with the Rec-Fit trophy changing hands when a new winner was crowned. In the early goings of the rivalry, Campus Recreation held a significant edge, but over the last year the Fitness Center has dominated, not relinquishing the cup.

By winning the Broomball game, the Fitness Center kept the cup in their possession, just as they did in the fall when the Fitness Center came out on top in the Oswego Dragon Boat racing event.

Despite the loss, Campus Recreation staff members still saw the game as a valuable experience. “The Broomball game was an awesome time to show two programs that represent fitness and wellness getting together and showing that the really have athletic prowess, they are in shape, and they know how to have fun as well,” said Bill Ling, the Coordinator of Campus Recreation. “I think that because we have so many different activities that we can compete in, and compete against each other in, it allows for a good variety of activities, so it can be anybody’s game depending on the activity.”

Campus Recreation has issued an open challenge to the Fitness Center to defend the cup later on in the semester. Among the discussed competitions are volleyball, dodgeball, and softball.