Dining Center Menus

Please use the coupon provided with your confirmation packet or ask for a coupon when you check in. Price is $5.99 (cash only) for all you can eat.

BREAKFAST (Lakeside & Cooper Dining Centers 7 – 10 am)
Organic Steel Cut Oatmeal w/Assorted Toppings (v), Belgian Waffles w/Assorted Toppings (v), Eggs and Egg Whites to Order, Scrambled and Hard Boiled Eggs, Turkey Sausage Patty, Baked Goods Fresh from our On-Campus Bakery. Wide selection of Hot and Cold Cereals, and Fresh Fruits. Variety of Hot and Cold Beverages including Juices

LUNCH (Lakeside Dining Center 11 am – 1:30 pm & Cooper Dining Center 11 am – 3 pm)
Please note: the best time to dine is 11 am – 12:30 pm
Soup: Lasagna Soup, Homemade Corn Chowder (v).
Entrées: Quinoa Stir Fry (v), Philly Steak Sandwich, Bruschetta Chicken, Tomato Basil Pizza Burger (v), Baby Baker Potatoes (v), Fresh Sauteed Peppers & Onions (v), Homemade Cheese Sauce (v), Pasta - Sauce and Vegetables.
The Deli: Sliced Roast Beef, Ham, Turkey Breast, Meatless Turkey. Tuna (with/without celery) made with light mayo; Egg Salad, Hummus. Large Variety of Cheeses (including low fat & Soy American). Lettuce, Tomato, Other Toppings, and Veganaise. Choose from a Variety of Breads, Wraps, Fresh Kaiser Rolls (Wheat or White).
Salad Bar: Wide Selection of Fresh Fruits (cut up and whole), Vegetables, Yogurts.
Dessert: (Fresh from our On-Campus Bakery): Butterscotch Cookies and Chocolate Chip Brownies Variety of Hot & Cold Beverages

DINNER (Lakeside Dining Center 4:30 – 7 pm & Cooper Dining Center 4:30 – 8 pm)
Soup: Lasagna Soup, Homemade Corn Chowder (v)
Entrées: Buffalo Chicken Panini, London Broil, Meatless Chili (v).
Made to Order Pizza and Deli (see Lunch for complete listing of items)
Accompaniments: Fresh Roasted Cauliflower, Squash & Spinach (v), Red Skinned Mashed Potatoes (v), Couscous (v), Beef Gravy.
Salad Bar: Wide Selection of Fresh Fruits (cut up & whole), Vegetables, Yogurts.
Dessert: (Fresh from our On-Campus Bakery): Plain Cheesecake (v), Fruits of the Forest Pie (v)
Variety of Hot & Cold Beverages

Our Campus is Your Campus

Although the formal program ends at 4:30 pm, feel free to stay on campus to visit our other facilities:

Athletic Facilities
Laker Hall & Lee Hall

Marano Campus Center College Store
(open from 9 am – 5 pm)

Penfield Library
(open from 7:45 am – 11 pm)

Art Gallery
Bachelor of Fine Arts Exhibit
(open from 10 am – 4 pm)
Located on the second floor of Penfield Library

Rice Creek Field Station
Learn about SUNY Oswego’s unique living laboratory for field studies at oswego.edu/ricecreek
Located just south of the main campus on Thompson Road. Stop at check in for details & directions. (open from 9 am – 4:30 pm)

Guest Wireless Access
Network: Oswego-Guest
Username: admiss
Password: oswego

Marano Campus Center Dining
Palates: 10:30 am – 2:30 pm, lower level
The Crossroads: 7:45 am – 7:30 pm, the main level
The Cutting Board: 10:30 am – 2:30 pm, lower level
Laker Express Market: 10:30 am – 2:30 pm, lower level

MONDAY
April 20, 2015
11:00 am – 4:30 pm
Welcome to SUNY Oswego’s 2015 Admitted Student Day!

SCHEDULE OF EVENTS

11 am – 12:30 pm

Early Tours (optional)
Depart from Marano Campus Center, Arena Floor
A student-guided tour which includes stops at a residence hall and academic buildings.
*Tours go out every 10 minutes between 11 and 11:30 am, and will last about one hour. The final early tour departs promptly at 11:30 am.

Registration, Information Fair and Refreshments
Marano Campus Center, Arena Concourse and Arena Floor
Check in and mingle with students and staff.
In addition to the Office of Admissions, representatives from the following offices will also be available:
- Athletics (intercollegiate)
- Auxiliary Services—Dining Services and College Stores
- Campus Life
- Campus Recreation
- Career Services
- Center for Experiential Learning (co-ops, internships & community based learning)
- Center for Service Learning and Community Service
- Collegiate Science and Technology Entry Program (CSTEP)
- Disability Support Services
- Educational Opportunity Program (EOP)
- Financial Aid
- Future Alumni Network (FANS)
- General Education
- Honors Program
- International Education (study abroad)
- Office of Learning Services (tutoring)
- Orientation
- Penfield Library
- Residence Life & Housing
- Rice Creek Field Station
- ROTC (Air Force & Army)
- Transfer Services
- University Police
- Walker Health Center
- Plus many student clubs & organizations

12:30 – 1 pm

Welcome
Marano Campus Center, Arena Floor

1 – 1:45 pm

Academic Information Fair
Marano Campus Center, Arena Floor
Faculty and staff from the following majors will be available to answer your questions.
- College of Liberal Arts and Sciences
  American Studies; Anthropology; Applied Mathematical Economics; Applied Mathematics; Biochemistry; Biology; Chemistry; Cinema & Screen Studies; Cognitive Science; Computer Science; Creative Writing; Economics; Electrical & Computer Engineering; English; French; Gender & Women's Studies; Geochemistry; Geology; German; Global & International Studies; History; Human Development; Information Science; Language & International Trade; Linguistics; Mathematics; Medical Imaging Sciences 2+2; Meteorology; Philosophy; Philosophy/Psychology; Physical Therapy 3+3; Physics; Political Science; Pre-Health Advisement; Pre-Optometry 3+4; Psychology; Public Justice; Sociology; Software Engineering; Spanish; Zoology
- School of Business
  Accounting; Business Administration; Finance; Human Resource Management; Marketing; Operation Management & Information Systems; Risk Management & Insurance
- School of Communication, Media & the Arts
  Art; Broadcasting & Mass Communication; Communication & Social Interaction; Graphic Design; Journalism; Music; Public Relations; Theatre
- School of Education
  Adolescence Education (grades 7-12); Business & Marketing Education; Childhood Education (grades 1-6); Family & Consumer Science; Technology Education; Technology Management; TESOL; Vocational Teacher Preparation; Wellness Management
- Undeclared & Major Exploration

2 – 3 pm

Student Services Presentations
Marano Campus Center, various locations
The presentations are offered at 2:00 pm and repeated at 2:30 pm (except "Transfer Q & A" only at 2:30 pm)
Choose TWO of the following four presentations:
- Your Next Step
  Information on First Year Programs, Orientation & Opening Weekend
  Room 114
  Presenter: Michelle Bandla, Coordinator of First Year Programs
- Residence Life & Housing
  Room 201
  Presenters: Renee Landers-Jennings, Associate Director of Residence Life & Housing and Marie Germain, Associate Director of Residence Life & Housing
- Financial Aid & Paying the Bill
  Room 133
  Presenter: Elizabeth Flanigan, Assistant Director
- Transfer Q & A
  Room 205
  Presenters: Jordan Perry, Admissions Transfer Counselor and Corie Kohlbach, Transfer Service Coordinator

3:15 – 4:30 pm

Campus Tour
Depart from Marano Campus Center, Arena Floor
A student-guided tour which includes stops at a residence hall and academic buildings.

Shuttle Bus Service
10 am until 5 pm between Romney Parking Lot and the Marano Campus Center. Use buses marked “Onondaga Coach”

If you are interested in paying your housing and/or admissions deposit at this event, Admissions Office staff will be available to assist you at check-in.

Refreshments will be available throughout the day in the Marano Campus Center Arena Concourse.